Welcome to N7
A poem

By Antoine Landry, Ayoub Namrani

Foreign student, N7 is welcoming,
It’s a new experience which never gonna be boring,
You will discover a new school,
Where all the teachers and students are cool.

By Ayoub Namrani, Thomas Longchamps

Located in the “Pink City”,
All days in there will drive you crazy,
With many students and daily party,
Your journeys will be full of agony.

By Antoine Landry, Ayoub Namrani

Trust me you won’t regret,
I know it’s frightening, but don’t be upset,
Foreign student, welcome to N7.

By Thomas Longchamps, Jules Le Breton

New, without friends … don’t be shy,
Here comes the “integration”, you will get high,
With all the theme parties, above all the WEI,
You will do funny things, you won’t know why.

By Antoine Landry, Thomas Longchamps

Now let’s get serious for a moment,
You will have to work hard, whatever your department,
But if in class you pull your weight and pay attention,
You won’t have to pass repeat session.

By Jules Le Breton, Ayoub Namrani

If you are in HYDRO, you will discover water,
Instead of GEA, where you will connect wire,
While in EN, you are a GEA follower,
Then in TR and INFO, you will be fed with software computer.

By Antoine Landry, Jules Le Breton

The school offers you different activities,
You will dance, sing, do sports and go to parties,
So many clubs which give you great opportunities,
Then come aboard, it’s a chance to seize.
Hi future « N7 ème » ! Congratulations for your integration at our school, all you need now is a flat. And we are here to help you !

First question : where to find your flat ? Let me give you few ideas to start your quest :

- Most of people (especially students) use the website : Leboncoin.fr. It's a really good option, because it's free and well done. You can fill your criterion (cost, size, area, key-word…). It will suggest you flats rented by agencies or privates and give you their particulars.
- Then, you can go on the BDE n7 website. They have a special rubric where you'll find flats that were lived by students from n7 before. We can thing that you'll be looking for the same kind of flat, because you're both student, so you might have the same budget, the same expectation and then find something sticking with what you're looking for.
- Still don't find the unattainable ? No time to search on internet ? You still have a last option : an agency. I just have to let you know that it will cost you money. Later in this article, you'll see witch trap you have to avoid.

Now you're sure to find a lovely place to live. Let's see how to rent your rare flat.

BALLERE Marie

Papers

You left no stone unturned to find a flat ? Now you will go through the mill with the papers… !

To make a file you will need :
- your recent pay slips
- your employment contract
- a certificate from the employer, but only if the tenant can only provide one of the two previous documents
- your last tax notice
- your bank details (R.I.B.)
- last rent receipts of accommodation you busy
- deposit check.

If you can't provide a rent deposit to the owners, due to your personal or family situation, the state can vouch for you, it is called CLE (Caution Locative Etudiante). You will have to make a file at www.lokaviz.fr

Aids

Furthermore, France sets up a support system to finance housing. CAF, whose building is beside N7, will financially help you. Check at www.caf.fr where you can make free simulations. Have a special look on ALS (Aides aux LogementS), APL (Aide Personnalisée au Logement) and ALF (Allocation de Logement Familiale).

BARRAS Thomas

Renting a flat

Right and Duties of owner and tenant

Find a guarantor

If you have difficulties in finding a guarantor, keep in mind that state can stand surety for you, without nationality conditions. More info at www.lokaviz.fr - Caution CLE »

Security deposit

An owner can ask for a maximum of 2 month of rent (excluding charges) as a security deposit for a furnished flat and one month for an unfurnished one.

Inventory of fixtures

According to the law, there should be at least one light bulb lighting in each room.

Keep in mind that everything you don't notice during this inventory could be later used to keep your security deposit. Therefore, don't hesitate to point out each cleaving tile, scratch on floor and even the fact that the flat is not clean.

Youpi ! I'm tenant ! What should I know ?

Your owner can't come to your flat, with your permission, only if he as warned you 72 hours before.

You are as responsible as your guarantor toward law as far as unpayed rent are concerned.

If real charges exceed estimation he make you pay, he can ask for a compensation. On the contrary, if you've paid too much charges compared to reality, your owner has to refund you the difference. Warning : Many owners do nothing if you don't ask it.

Leaving your Flat

Notice

You have to send a notice in a registered letter with acknowledgement of receipt to warn your owner at least one month before your leaving for a furnished flat.

Inventory of fixtures

Except in case of force majeure, never let the agency or your owner proceed the inventory of fixtures without you. Never sign an inventory you don’t agree with. Take pictures as proof.

You can't pay the whole renovation of a flat if you stayed there only a period of time. Law take for granted that there is a normal wear in an inhabited flat.

You can't be charged with the substitution of keyhole if you have lost a key. You can only be charged with the duplicate key.

In the event of a dispute

You can file an application to the « tribunal d’instance » (district court) or proximity court. No need to pay fees or hire a lawyer.

BÉYET Antoine

Some Vocabulary

While searching for your flat, you might have found words like «T1», «Studio Meublé», «GES»… and it may have sound like double dutch to you, but in 10 lines, you will be a true French flat professional!

First, «Meublé» is an adjective meaning that a studio «have everything you need to live on it, except household linen». So you won't have to buy any furniture, while a «Non Meublé» studio simply means that it's not meublé(so you will have to buy them on leboncoin.fr, or ikea).

All flats are labelled TX: the T means type(you might also find F, but it is the same exact thing), and X is the number of room (but bathrooms don't count as a room). So, a «T2» is a flat with 2 rooms and a bathroom.

The «GES» means greenhouse gas, and «Classe Energie» means energy class. They are both labelled from A to G(A is the more environment friendly).

Finally, «EDF» is the national French electricity supplier (Electricité De France).

By ACHARD Vincent
The absolutely true diary of an n7 student

If you are a Latin American student arriving in Toulouse, and especially to n7 (yes! Not ENSEEIHT or École nationale supérieure d’électrotechnique ...) this is the time you make a really big bowl of popcorn, sit in a really good place and read this until the end, because I am about to tell you what any foreign student arriving could tell you. Don't expected the following lines to be this boring and meaningless advice they gave you before you left your school, this is the absolutely true diary of a real student, really arriving to the real n7 world, so read it and learn by yourself from the things that have happened to the ones who have arrived before.

**College Life**

BIG RECOMMENDATION: Regardless what you have heard or if it seems too much money when you know the conversion to your country's currency, please (yes, I'm telling you PLEASE), GO TO THE WEI (pronounced like 'why'). That will be the time to meet some people (mostly guys, because there is not many girls at n7, as you may have already seen), have fun at the pool or the beach, and of course it is not the time to sleep (they will be singing this all the time «C'est le WEI (why), c'est pas l'heure de dormir»). Small recommendation of the big recommendation: close the door of your bungalow (a cabin) when you go to sleep, you'll thank melater.

Taking a bit about songs, you are going to find thousands of n7 songs, and they will be singing them all the time, and of course, like me, you won't understand a word. Don't hesitate to ask and of course to learn them, especially the ones from your department (it is a big deal for them at n7).

But, even if you read all this crazy stories and you say it is too much for you, and you think why did you even think about coming, the most important thing is to not give up. Yes, as I told you this diary is about reality, so I am not going to lie to you, it will be difficult, but it is not impossible. Faster than you think, you will learn French (and maybe their strange logic), you'll have lots of friends, and you won't be the guy who doesn't understand the classes anymore. Remember: It will be hard, but it is not impossible.

You better try as much local food as you can. You're in France, the country of cuisine, and every region has its own specialties. I've tried to eat some Foie Gras (which is cooked duck liver) and first, I was almost scared of eating some liver, but when I actually ate it, put on bread and with good French wine ... Yum! That was really something! So try everything, and then you'll be able to say whether you like it or not. Try from every cheese to every bread, from Cassoulet to Bouillabaisse, Daube to Gardianne, Blanquette to Raclette, Tartiflette to Fondue, ... Get it touch with local people, and if they invite you to a great meal at their home, you'll experiment the best moments for you and taste bud!

Toulouse is also well-known for its rugby team. Rugby is something popular in south of France, every small city has a team and a stadium. When there's a match, some bars or pubs are just completely full of people! It's also a sport with important values of respect. I've been several times in a stadium for a rugby match, and the atmosphere was really impressive. Everybody was actually living the game from the inside, and get mad for every try. But supporters respect the opposition so there're no fights (in the bleacher at least ...).

First time you go out of your apartment in Toulouse, you see busses, bikes, subways, tramways... In fact to moving in Toulouse is very easy if you know how it works. You can find a map of the full transport network in every bus stop. First look where your flat is on the map, it can be useful if you're lost in the city anymore. You can get tickets in every bus and every subway station. At the beginning it will be enough to allow you to move freely in Toulouse. For example you can take a 10 ride ticket for 13,40 euros or a 7 day pass for 14,20 euros.

The next step starts when the school finally delivers your student card. The first thing you need to do is to go to “Jean Jaures” Subway station. It's very simple to find it, it's where the 2 subways line are crossing. Their, you will find the “Tisseo” office! (Tisseo is the company that manage the transport network, for information visit the website www.tisseo.fr French-English-Spanish are available). Go there with your id card/Passport and your student card and ask to create your own Tisseo Pastel card. The card will cost you 8 euros and because you are student you will be allowed to take a one-month subscription for 10 euros or a year subscription for 100 euros with unlimited travel. Even if you live in the town center it's very interesting.

Last but not least, you definitely need to also subscribe to bike sharing system "velo toulouse". Let me explain with a very simple experience that happen to me.

After my first night out in Toulouse, me and some of my friends realized that the subway was closed and there was no more busses. We didn't known how to went back to our places. I really love the Toulouse street by night but when it's only 10 degrees and you have an hour of walking to go back, I promise it's losing a lot of romanticism. So, let solve this problem! First busses and subways stop around midnight. Except on Friday and Saturday, it's at 3 o'clock in the morning for subways only. After this critical hour you still can use the self-service bike systems. But to use it it's clearly better to subscribe on www.velo.toulouse.fr. It's only 20 euros for a year, you can put your subscription on your pastel card and I'm pretty sure it's going to save your night!
Learning French

The origins of French in France
By Ryan Karam

Not everyone in France actually spoke French. There were a significant number of non-Latin descended languages in France, and the South of France spoke a similar language referred to as the langue d’oc, or Occitan. In fact it was mostly those in Paris who spoke French as we know it, but when the French Revolution came a law was passed forcing everyone in France to speak the language of the Parisians. In its written form, it was mixed, or affected, by other regional dialects. The fall of the Toulousain dynasty and the annexation of southern France to the northern court ended the days of langue d’oc as an official language, but did not prevent the southern populations of France from speaking their dialects which affected the written language in their regions as well.

Why to learn French?
By Fernanda Kasper Orlitolan

First of all, it’s important to remember that there are a lot of other countries other than France where French is an official language. Actually, France is not even the most populated country that speaks it! The knowledge of this language can also represent a higher visibility of your CV in the sea of the many engineers applying for a job. It means that French can be an advantage for you in the job market.

First and the most traditional method to learn French is by taking French classes. It requires time, energy and patience to learn a language. Somehow there is a lot of ideas and methods to learn a language. The knowledge of this language can also represent a higher visibility of your CV in the sea of the many engineers applying for a job. It means that French can be an advantage for you in the job market. Also, French is a good base for learning other languages, such as Portuguese, Spanish, Italian and even English. Being versatile and greatly spoken throughout the globe, it’s surprisingly the third most used language in the internet. And let’s not forget that French is the language of culture, offering a vast range of major works of literature written by consecrated authors, while also being known as the language of cooking, fashion, architecture and dance. Last, but not least, rather than being just useful, French can be fun to learn! So, focus on the advantages that the domain of this charming language is going to bring to you and leave aside all the difficulties and hard time you may be having. It will be worth it!

Second, online French lessons are very useful and easy to learn. You can practice and speak French while taking a nap or before sleeping. Third, you have to listen to French like films or news; the more you listen, the easier it will be for you to acquire that lovely French accent. Moreover you should read French in newspapers and magazines for example; for each article, make a list of the words you don’t know, look them all up after you finish the article, and then read it again while referring to the list (the most important is to use a dictionary). Finally, it’s important to write in French. For example, you can use French forums to ask questions and exchange ideas and messages with French speakers. My last advice is: have fun with French and French people, learning doesn’t have to be core.

In the second place I would like to give you tips to improve your French pronunciation. First you should listen to yourself; record yourself speaking French and then listen carefully to the playback – you might discover pronunciation mistakes that you’re not aware of when you speak. If you are still stumbling over words with tricky letter combinations or lots of syllables, you definitely need more practice. Try reading out loud to get used to making all of those new sounds. Second come the punctuation problems. Depending on your native language, certain French sounds and pronunciation concepts are more difficult than others. So you should take more classes and do exercises on pronunciation difficulties. Third, speak like the natives. When you learn French, you learn the correct way to say everything, not necessarily the way the French actually say it.

In the third and the last place, I will give you tips to improve your French vocabulary. It requires time, energy and patience to learn a language. Sometimes there is a lot of ideas and methods to learn a language. First and the most traditional method to learn French is by taking French classes. Second, online French lessons are very useful and easy to learn French too; you can practice and speak French while taking a nap or before sleeping. Third, you have to listen to French like films or news; the more you listen, the easier it will be for you to acquire that lovely French accent. Moreover you should read French in newspapers and magazines for example; for each article, make a list of the words you don’t know, look them all up after you finish the article, and then read it again while referring to the list (the most important is to use a dictionary). Finally, it’s important to write in French. For example, you can use French forums to ask questions and exchange ideas and messages with French speakers. My last advice is: have fun with French and French people, learning doesn’t have to be core.

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In the third and the last place, I will give you tips to improve your French vocabulary. So I’m giving you a serial of things to do that will help you; get a decent dictionary, practice French vocabulary, say it loud, write it out, use flashcards, label everything, use it in a sentence, sing along, mots fléchés, test yourself, vocabulary books......
Tips to learn French
By Yous Hachicha

Many are the things that can facilitate our integration in foreign countries. One of these things is the fact of being able to communicate with people and understand what the saying. As a matter of fact the solution is to learn international languages such as French or English.

At the beginning, it’s difficult to learn a new language but there are many things that can facilitate our study. Besides try to be present in your class, to listen carefully to your teacher and to discuss with your classmates only in French. You should also try to do many exercises of language to memorize what you are studying. You can also learn a paragraph and try to write it down what you remember that will help your memory get used to French expressions and assimilate them. Moreover, reading stories, magazines and books for beginners can also help you become familiar with this new language. More than that you can watch movies, tvshows, tvnews to improve your French. Try also to listen to music and memorize lyrics.

Last but not least, make new friends and discuss with them only in French which will help you enhance your vocabulary. Communicating with people will boost your knowledge in that language and by practicing it you will get used to speaking it and your articulation will get better in time as you use it.

Finally, I’ll talk to you about my experience, in my country exactly in Tunisia we study French since we are eight years old at school. At home, I tried to memorize what we learn at school, that helped me so much. But to be good at French and be able to speak with foreigners, especially French people that wasn’t enough, so I decided to do much more than that, I was watching movies every day in French, tv shows, I remember when I was trying to guess words in a show named “MOTUS” diffused in channel called “FRANCE 2” to be honest I’ve never succeed this but I tried.

But the most and funniest part that helped me was listening to music and memorizing lyrics of these songs, I learned a lot of expressions and it was so funny to do it, and when I find tourist from France I tried to talk to them, and day by day I can speak French fluently at least thats what I think, and don’t forget a journey of a thousand miles begins with a single step...

Advice from an Old Student
By Badr Bouaida and Salim Chafi

To all of foreign students that mysteries of french behave have lost, I wrote this text for you. When you arrived in France, don’t be shocked if we are late to welcome you : We like to run a loose crew around here. But don’t do the same for school, you are gonna to expose you at bad sentences. Now if you understand that, it’s exactly the same for the others customs : in Toulouse, don’t do as the toulousans do everytime and everywhere.

If I were you, I’ll get more information about « Le Petit Tou’ ». It’s a book for students who just arrived in Toulouse. Yes, this book is translated in English for your happiness . There is a lot of explanation and the latest good deals in Toulouse. Plus to make more easier your introduction to our administration, it describe how to get a credit card and a complement to health.

Eventually, the association of student helps to organize many meetings between you and french students. And that the last point : to meet people and make friend. Because even if we understand our behave and you have all of information needed to start your new life easily, you will always need a hand to help you.

Diary of a new foreign student at N7

The 25th August,
Dear J,
I want to share with you this moment of frustration, I still have an hour before takeoff and start new adventure but I fear this moment and I'm really missing my family and home country already. I hope that Toulouse would be so kind as to welcome me and make me spend a nice internship experience. I called Diana and told her about delayed flight, this is very disturbing as a beginning but I try to deal with my stress and to be optimistic. I talked with some nice French people, they were very friendly and gave me lot of advices and they all agree that Toulouse in one of most beautiful cities in France and a student city. The map of my travel start here in the terminal and I'm asking my self a lot about my future life and following days. Sorry to leave you now but it's boarding time, I would come back to you as soon as possible.

The 26th August,
Dear J,
I know it's only one day that I didn't speak to you but it have too much to tell you. I arrived to Toulouse and Diana was waiting for me, it made me so happy to see her and she helped me a lot today. After this adventure, we moved to Diana’s house near to her university. I was so happy to have one of my best friend with me in this country. I'm so sociable but I was so scared of this quick change in my life but fortunately, Diana was here every time I was in need. She had more experience than me because she came in France 2 years ago for her two years of preparatory classes. She explained to me all the procedures that have to make before starting studies. From the administrative procedure to housing... Moreover, I have to take an appointment with a rent agency. Write you soon J.

The 27th August,
J, today I woke up early to find an apartment for rent next to the center of Toulouse and ENSEEIHT. My friend Diana joins me in this adventure. We went to a rent agency to have an idea about prices. We joined M. Leblond, the person in charge of apartment's visits of the agency. He took us to a pretty studio next to the school with a beautiful view on the Canal de Midi. After the visit, we negotiate about the rent and agency's fees. He was so kind, so he left for us the apartment for 400 Euros per month. After speaking about rent, we moved to the Capitole in Toulouse to visit the famous monuments of the city with a group of students from an other universities. We went to Garonne to eat in a little houseboat some gastronomic specialties of south France. But after all this activities, I was tired so I begged Diana to return to her house for a some rest. The next day I had to go to school so I had to rest before the beginning of courses.

The 29th August,
Today is my first day here in France as a student. I went to ENSEEIHT to assist to the presentations of the departments of the school and to meet other foreign students who came from different countries. But I just stayed till 4 pm because I had to prepare for a party that night. It was organized by the Bureau of students which invited all the new students. I joined Diana at 8 pm for dinner in a Spanish fast food which prepared apparently the best Tacos and Paella in Toulouse. In short, it was so delicious. It was 9 pm, we had to join the rest of our group to feast in honor of the new students. Arrived at the party, we got to know two Brazilian students who are with me in the department of electricity and automatic. We shared together our experience and feelings about coming to a foreign country and dealing with some difficulties.

By Badr Bouaida and Salim Chafi
All the furnitures
by M. Daumas

You just arrived in Toulouse, you got a flat and now, you need something to fill it? You get the wind up about sleeping on the floor at night, near dust and spiders? Let’s have a blast and buy some furnitures for your brand new flat!

It might seem a hard nut to crack, but there is plenty of ways to grasp the nettle and bring good vibes in your flat with few furnitures. Big shops like “Ikea” or “Office Depot” (Google-it, there are many of them near Toulouse) are far away and pretty hard to reach when you don’t have a car. You still may rent some small-sized van for the day, but being serious, don’t shoot yourself in the foot: There are better ways to fill your flat with your very-own favorite furnitures!

Just like Midica, a medium-sized store near our evolved engineer school: Google-it! Few steps away ENSEEIHT, you can find it in the “Esquirol” street, near Toulouse’s downtown. You can find too “Pylone” near the downtown, if you want to bring some funny furnitures to get you friends asking “Where have you bought this awesome piece of crap?”. You might find that in France, when you bought furnitures, it’s like a daylight robbery. If your shirt is not made out of pure gold, maybe you might want cheaper tricks to achieve your ultimate goal: obtaining out of thin air your minimal set of furnitures required to survive in your flat.

In order to achieve this goal, you can look forward to the walls of the “Paul-Sabatier” University near “Rangueil” or other well-populated area filled with student residence: When people move away during the year, they put public notices everywhere and throw plenty of working microwaves, fridges and chairs. You can either go to “LeBonCoin” website, people gives often nearly-free stuff, especially if they feel like they are improving the daily life of an honest student.

One last thing, don’t forget to check your own neighbourhood for free stuff!

Food in Toulouse
by Yvette Cheng

After having found a flat, the first thing you should do is to locate the markets where you can get cheap and wonderful food to fill up your stomach. We can find supermarkets and street markets in Toulouse.

Let’s start with supermarkets. The most famous ones are mostly Carrefour, Intermarché, Auchan, Casino, Leclerc, Leader Price, Super U, Monoprix, Spar, etc. I’m not here to talk about all these supermarkets but those which will satisfy you in terms of desire, price and quality.

Around Enseeiht, you can find a small Casino and a Carrefour Express at Place Dupuy, a Spar near Place Saint-Aubin and a big Casino at the commercial center of Saint-Georges. Among these, Spar and the small Casino might be the most expensive and won’t satisfy you a lot so I don’t advise you to go there but if you want to buy food for a decent price, it’s better to go to big supermarkets. Carrefour Express is very good if you just want to buy a few items. The big Casino would make you be over the moon because you can really find everything you want for cooking. Yet you can also go farther. There is an Intermarché near Jean Jaurès or a Monoprix near Capitole but for the last one it’s not advised.

If by chance you are interested by Asian cooking, I would suggest you to go to King Fat! There are a lot of really very pretty Asian products which allow you to cook any Asian dishes.

Now let’s talk about street markets. There is one in special where I won’t tell you to go to, it’s the one next to Enseeiht near Saint-Aubin because it’s the most expensive one. We can find two good street markets, one near Jeanne D’Arc and Marché Victor hugo. These are very pretty ones and cheap.

Finally it’s up to you.
Finding books in Toulouse

Toulouse is a dynamic city, and has a lot to offer regarding culture in general. But where to go? Where to buy some books? Let's find out with this short on-paper city-tour.

First thing first, if you ever walked in the city, you may have already seen one of the most impressive buildings in Toulouse: this gigantic arch near Jean Jaurès; this is the « Médiathèque José Cabanis ». From Tuesday morning to Sunday evening, you can go here for working, lending books, movies or CDs taken from an enormous catalogue.

Let’s pursue our trip deep in Toulouse’s little streets. By « la Rue Gambetta », you will find one of the biggest library in the city: Ombres Blanches. The building is lost in an old building and is just hudge. It is impossible not to find what you want: classic or more recent book, philosophy, mangas, comics, and so on.

If you are more of an english reader, there is a lovely bookshop not too far from here (by street « Lakanal ») which is really simply called... The Bookshop. Here you can find anything you need in english (easy-to-read novels, english classics, etc.).

Last but not least, if you think you don’t have the time when you leave ENSEEIHT, you can go to « Floury Frères », which is really close to the school (rue « Colombette »). Here, you will find both school books and novels, simplified or classic texts.

And if you did not find what you want, there is a huge FNAC near « Place Wilson », which sell not only books but music, games, hardware, and so on.

Maxime Arbelot : Interview of Nader

How did you find your residence? N7 helped me find a flat in a student residence.
Where do you eat? For the moment, I eat at the cafeteria close to my apartment.
What kind of transport do you use? Thanks to my pastel card I can use the subway, the bus and the tramway.
How do you find the Toulouse’s weather? For now, the weather is the same than in Tunisia.
Did you have any administrative troubles? No, everything went fine. I just had some troubles at the beginning to find the important places.
What is your favorite food in Toulouse? The pizzas from Vecchio at Jean Jaures.
Do you have any problems communicating with the natives? No I have no troubles!
Were you playing any particular sports? A bit of football and basketball.

Mohammed Ali Bach Tobji : interview of Nader

Is it your first time in France? No, it’s my second visit. I had already been in Paris.
Is it your first time in Toulouse? Yes.
Why did you choose Enseeiht? I chose N7 to get a double degree in computer science.
Which club are you interested in? I’m interested in Net7 because I’m addicted to computer science and I enjoy developing applications.
What is your dream job? My dream job is Business analyst.
Did you like the integration week? Yes it’s great.

Did you find what you need in N7 easily (schedules, rooms …)? No, the first time is difficult but the students have been very helpful.
Did you make friends? Yes, everyone is very nice.

Nader ben Ismail : interview of Maxime and Mohammed Ali Bach Tobji

What are the important places in Toulouse? La Garonne, le canal du midi, Capitole, Saint-Pierre.
What is the best mobile operator in France? Free is the cheapest with a 2 euros/month offer but you have to pay a supplement to get the internet.
Is there a library in N7? Yes, but it’s mainly books about science and there is a big library near Toulouse Matabiau.
Do you have an internship during the year? No, it’s during the summer holidays for the 2nd year and the second semester of the third year.
Does the life cost a lot in Toulouse? Compared to Paris it’s very cheap.
Do you go to the cinema in Toulouse? Actually, I’m keen on cinema and I watch every week a film in Jean Jaures.
Do you want to work in France? Now I’m concentrating on my studies and I did not think about my career.
What is your favorite food? My favorite food is Pizza.
What did you learn at N7? As a foreign student, studying in Enseeiht was wonderful and I enjoyed the associative life.
Which sport can you play in N7? There are a lot of sports you can choose in Enseeiht to example I mention football, basketball...
Saving money as an ENSEEIHT student

First of all, what you should look for when you come in Toulouse is about the place you will live. Choosing its type and location carefully could help you to save much money. Since you can use commun transports as you want for only 100€ a year if you are under 25 years old, searching for a flat further from the center is really worth giving it a look: for only 15 to 30 minutes of travel from your flat to the ENSEEIHT, you can save up to 100€ (or even more) a month on your flat rent just that way.

Another way to save money on your flat rent is to practise flat sharing. The AE (student association, search for AEn7 on the internet) facebook page is living well, so there often are people searching for a roommate for their flat sharing posting on it, or you could also propose yourself for someone to come and share your appartment. What’s more, the BDE (student’s office) has a site where flat landlords propose it to ENSEEIHT students, and some of these announces are made for flat sharing, so that could help you in your process of finding a flat. Aside from saving money, it could also help you to learn french and to share your culture with your roommate.

One more last idea to save money: there are a lot of markets that happen weekly all around the city, where people sell clothes or food that often are cheap and of a good quality, so looking for markets that happen around your flat would be a good idea.

How to earn some money during your studies at ENSEEIHT

If you want to do some part time jobs to earn some money, my first advice would be trying to get better at speaking and understanding French. The more fluent it is, the more accessible jobs will be.

To find an offer for a job, a good start would be paying a visit to the CRIJ (Centre Regional d’information jeunesse, located in rue de Metz which is not that far from ENSEEIHT) where you can find plenty of job offers aimed at student and young people in general, as well as general information on how to live in Toulouse. Common offers include, but are not limited to baby-sitting, sales(wo)man, waiter, and teaching.

There’s the option of giving lessons in Physics, Maths or of your native language, there is usually a big demand from people in secondary school, so you may want to see if there are some offers there (or on the notice board of ENSEEIHT), and if you can’t find any, you can make your own and post it in laundries, bakeries, or notice boards in the city.

Otherwise if you check your ENSEEIHT mail regularly, you may find part-time job offers that will not only earn you some money but will also make your CV look better.

If you’re on your second or third year, you may also consider taking part in N7 Consulting, an organisation within ENSEEIHT which get offers from companies who need someone to realize a study or their project, and you, as a student of ENSEEIHT, can answer their need, and you will be compensated for it, and most of them are related to fields which are reached in ENSEEIHT so it will also be a nice application of what you’ve learned so far!

If you’d rather see what Frenchmen look like you could apply to be a salesman in a Toulousain market, you can find the list here: http://www.toulouse.fr/web/commerce/marches-couverts-et-de-plein-vent/marches-toulousains Try to talk to stall owners and maybe you’ll be able to sell goods in their stead!

First day at N7

a poem by Shake & Spear

We first wanted to write a story to help foreign students who just left their countries. But we wanted more challenge and we tried to write down a poem. Shake took care of the words and Spear wished a good rhythm.

We hope it will comfort you because we know how it is to be far from home.

I’ve come to a place, that is not my home.
No familiar face, I feel like a gnome.
I miss my parents. I miss my old life,
I need a presence to avoid my strife.

Then once at the school, I’m prepared for doom.
I jump in the pool trying to drown my gloom.
I sit in the class and I look around,
Melt into the mass, we’re part of the town.

Then I realize we are all the same,
Because through our eyes shine one sole aim:
Sharing funny times, making memories.
It’s a paradise to drown our worries.
ENSEEIHT, a school turn to future

To foreign student,

For foreign student the beginning of the year is like a battle: they need to update their papers for the administration, to find an apartment and of course all of that in french because in france, nobody speaks english. This part is long, boring, so I am not going to talk about that. I am going to convince you that ENSEEIHT is your best choice.

Why choosing ENSEEIHT? Because more than being a good school, you will be able to get to know other cultures and to discuss about different areas of science: there are no borders for an ENSEEIHT Engineer!

Personally, the school helped me open my mind, met people from all over the world and developed great relationships.

Professionally, ENSEEIHT program allowed me to shape my career and I saw the opportunity to contribute to scientific and technological development.

Last but not least, you will live in Toulouse, a student made city where it is really pleasant to live. In that way, the social integration is softer and the greatest difficulty will be to get back to reality when you will return home.

If I had an advice to give, it would be: « Don't hesitate too long »

By Jean-Emmanuel FAURE

Qi Chen, a chinese student who just arrived in Toulouse a week ago

« Arriving in a new country (especially far away from my home) was quite a challenge for me. At first, I was quite afraid because I didn't know the place, nor the people. In the newspapers I always read that people get killed in France, robberies happening, accidents, etc. But for the moment, everything is fine for me.

The cultures are different. For exemple, in China you can buy anything, anytime, as you want, but here it is more complicated. Shops close during the night, and are not open some days. You have to plan and buy groceries for the whole week. It is the same with doctors, because in China they are always available. Here, only hospitals are opened during the night.

I have been learning french in China for three years now. I am not fluent yet, but I know enough to communicate quite well, which is nice.

Chinese people are not as social as french, so it's a big issue to meet new people and make new friends. In China we don't often go to the club, and we do not have parties to socialize: we meet new friends thanks to our friends.

Internet helps a lot, especially to guide me through the city, finding for me supermarkets or other places, because I don't know Toulouse at all, but during the week-ends, everything is closed, so I still don't know how or where to spend my time.

Thanks to the N7, I already had a flat for me when I arrived. Unfortunately, there was nothing but table, chairs, and an internet connection, which means I had to buy furnitures by myself. The most complicated is that I don't even have a bed, and I have to rent a mattress for ten euros per month.

It's a whole new life for me. New place, new people, new friends. I still have problems to adapt, but I am quite optimistic, and I think that I will find my marks some day. »

By Théo Barthé and Qi Chen
You will find at N7 a lot of people to help you in many ways and makes you enjoy the school : together they form the AE ( students association ).

It is divided in 5 departments :

1. BDS : Literally the department of sports wich will guide you threw all the sportives activities you can do at N7 and organizes sportives events.

2. BDA : The department of arts, which will provide you some artistics activities and trips in all Toulouse and even other cities of France to show you some museums or places full of history.

3. BDD : The department of sustanable deve-lopement which will sell you products of the region to make you love the food of France and organize natural excursions too.

4. Foy' : They rule the « foyer », a really nice place, so nice we will develop that point later on.

5. BDE : Basiclly the department wich organize every others, and others stuff like sponsoring the events and seek for financements.

As you see, the AE organize many events in the year, contributing to help students know each other better. They know pretty much everyone in the school and they will be happy to see you come to them, recognizable between thousand with their beautiful colored polos.

Le Foy'  
By Alexandre Fourboul

Now as promised, let's talk about the Foyer.

Now that you've started wandering in ENSEEIHT's corridors you may have heard a few students talking about meeting in the « Foyer ». But where and what is such place ?

The where is quite simple : right next to the corridor you may have heard a few students talking about meeting in the « Foyer ». By Alexandre Fourboul

Now that you've started wandering in ENSEEIHT’s corridors you may have heard a few students talking about meeting in the « Foyer ». But where and what is such place ? The where is quite simple : right next to the cafeteria in F00. But defining the « Foyer » is much more complicated.

Most people will tell you it is the student bar of the school but it has more to it. The place opens its doors at 8 in the morning and at the 10 o’clock break you can get cheap « croissants » or « pain au chocolat » with a well appreciated coffee. Follows lunch during which you can escape from the over crowded cafeteria an come set your tray on one of our tables. For the rest of the day you can come and play cards with friends or else use our activity room in which you can play video games, billard or table football. Finally a 6 the beer tabs open up to allow you a well deserved beer after a hard day of work. The « Foyer » closes a 10 all week but at 2 am on friday night, and it closes all weekend long.

Now that you are fully functional alcoholics (Just kidding), you’re bound to start looking for other activities beside drinking at our beloved foyer. And that’s what the clubs are for. There is a plethora of them in the enseeiht, but I'll present you (in a highly non-objective manner) my favourite clubs. First of all, do you like hitting people ? Even if you don’t, you should come to the Fight Club to enjoy excruciating kick boxing lessons and workouts in a very friendly atmosphere (Yeah, I know, the first rule of Fight Club is that you do not talk about it … ).

My second club, and it’s perhaps one where you use your brain a bit more, it’s the improv club which you'll love if you like talking nonsense like me. More seriously, it's a class (for beginners and advanced ) in Theatrical improvisation and it's really great. It'll allow you to never run off something to say in your everyday life (for better or worse), work your acting skills, and learn that sometimes, in life, it's better to show up unprepared. We also do gigs and improve matches with other schools ( that are always moments of sheer drama, theatricality, or sometimes pure randomness.)

Anyhow, there’s really more than that, and whatever your hobbies are, you'll find a club suited to you.

TVn7

By William Deherv

Founded in 1992, TVn7 is an association which films the different events of the school (sportive events parties) and even some outside events (Inter agros, Raid Insa, Enfoiros) the association also produced some movie (20min-1h) for students or professionals.

During the integration, they realize three main productions:

The “show AE” : It’s a show realized to introduce the Student Association and the different branches of ENSEEIHT (n7) through several funny clips realized by students.

The “show des clubs” : It’s a show which introduce all the clubs of n7 and even the INP clubs (about 42 clubs)

The “LPJ (Le Petit Journal)” : It’s a show which happens twice per week during September in order to sum up the different events of integration and to present the future events. Then you can review your events through clips and interviews conducted by TVn7.

But what happens when the integration is over? The members are working on the next events such as the “JTs(“Journal Télévisé”): It’s a show which happens four times a year and in the same way of the LPJ, it sums the events of the year.

The association have also some big external events to film such as the Raid Insa, a sporting raid which is a mixing sport race:running, cycling and kayaking. A big event is also the “Enfoiros” which is a show realized by students of INSA in order to raise money for the “Restos du coeur” (French Association founded by Coluche for helping people in difficulties).

If the active members of TVn7 are only students first, second, and third year of ENSEEIHT, elders are not excluded and even consulted regularly in order to retain the knowledge acquired over 20 years, so everybody is welcome: beginners or advanced.

By Victor Delaveau
By Guilherme ALVES, Valentin DOULLILY and Erwan COUTURIER

Three students of ENSEEIHT have done an interview. One is from Brazil, Guilherme, one from Pas-de-Calais, Valentin, and one from Provence, Erwan. At the beginning, Guilherme is interviewing the two French students. They will answer at the same time. This will show you the different ways to live in different parts of France. After that, Guilherme will answer to the french student questions. This will show you why a foreign student goes study in France and what are the things he has to know. France is the third country where students go study.

Valentin, Erwan : When you arrived in France, how was your feeling?

Guilherme : First of all, I did not travel very much in my life. I even had not traveled by plane yet. So, when I put my feet outside the airport, I felt a little lost. I didn’t know how to take a bus, a train or asking someone to help me. My French was not very good and I wasn’t confident to speak something in french. Thanks God I had a friend that was waiting for me and conduced me during my first days. I arrived at 23:00, so my first impression was that everything here was very quiet. And actually it is. For the first days I felt a little alone, far from my familia, my friends and my culture. As the days passed, I began to be used to with the city, the weather, food and everything I was missing. I am here just for two months but I have learned very much with that intercultural experience, French culture and their habits. I expect learn far more this year I will stay here and share my experience and culture with people from here.

V, E : Can you tell us, why did you choose france for your study?

G : I choose France for many reasons. I would like to learn a new language and french is a beautifull language that has the same origin as the portuguese. So I thought it would be easier to learn. I also had a professor that did his Ph.D here and told me France had good schools in electric engineering. The coordinator of exchange program told me ENSEEIHT was one of the greats engineering schools from France and that Toulouse was a great city too. So I seached at internet about Toulouse and about the ENSEEIHT, and I very liked this.

V, E : What are your favourite Brazilian food and your favourite french food?

G : There is a food in Brazil that is called “feijoada” and it is very close to the Toulouse’s Cassoulet. Feijoada is made from black beans, saussage, pork and vegetables. So, as feijoada is my favorite Brazilian food, Cassoulet is my favorite French food. But there are lot of other French food I like. One is the Brie fromage, it really caught me.

G : There are many differences. The streets here are more narrow, people use more the public transport. Everything is more quiet. Here the streets are very clean, the sidewalks are larger. In Brazil I live in a city that is hot all the year, there is no difference between summer and winter. The smallest temperature that gets there is about 24°C. I also realized that people here smokes a lot. One thing there is very interesting for me is that people here does not eat very much of heavy food. Brazilian eats heavy food all days and sometimes even before go to bed at night. The sports here are very different. In Brazil we have football and few of other sports, and here at Toulouse they are Rugby (that I am still trying to learn how it works).

G : How long have you been here at Toulouse and what are the first differences that you have noticed between here and your city?

G : I arrived in Toulouse last year when I was accepted to enter at the ENSEEIHT. For my study, I have already gone in different city in France but always in the north close to my home with my specialty, that’s why last year when I arrived in Toulouse I had like comming in foreign country “the pink city”, it’s different for some thing, first of all here people have a different accent with the north and even they speak the same language sometimes I am still difficult to understand them. The landscape is such different in my home it’s the flandres, a flat country and here we are close to the pyrenees it’s more hilly.

E : I was in Toulouse when I was a child. I arived around three years old and I lived at eleven years old. After I lived in Provence. So I came back in Toulouse for one year. Toulouse and Provence are both in the south of France, so there are not big differences. But the culture and the ways of living are not exactly the same. At first, the landscapes are very different. In Toulouse, you have a lot of hills and sometime you can see the Pyrenées far away, it’s very beautiful. In Provence the sun is stronger, you can hear cicada all the day during summer. The landscape is dier, with pine trees. Even the houses are different, Toulouse is the “pink city” with her pink roofs.

G : Can you tell me a little about the differences in food, sports, weather and so on?

G : Why are you here, what motivated you to study at toulouse and what do you expect from the future?

V : For me ENSEEIHT is a great engineering school and I love what I do here, it’s such for that I went to here. I was happy to change atmosphere coming in south of france in Tou- louse. For the future I don’t have obsession to work in France or not I will see at the moment with my different opportunities but I know that I would travel for my job to discover another culture and when I am old I will live in France where I don’t know maybe in the south for the sun or in the north close to my family.

E : Like I said before, I lived in Toulouse as a child. So I wanted to come back. Furthermore, on “étudiant” website, we can read that Tou- louse is the better student city in France this year. This reason is enough to study in Tou- louse when we know that the food is delicious here ! ENSEEIHT is a great engineering school, I’m very happy to be here. For the future, I want to live in France for a year to work in a foreign country and learn a lot of things. But when I will come back, I may stay in Toulouse. At the mo- ment I don’t know, but I will see.
ENSEEIHT, a geek's paradise at the heart of Toulouse, the beautiful pink city

Toulouse, the pink city

First of all, before talking about the ENSEEIHT, we will start talking about the city of Toulouse, which is a beautiful city and was elected for the nth time the best city for students. I will present three neighbourhoods of Toulouse which are great for students and even more for ENSEEIHT students or tourists.

Capitole

The Capitole square is the center of Toulouse. This place is often very crowded. It hosts many evenements in Toulouse like the Christmas market. Singers often perform on a scene at the center of the square. There are many restaurants all around this plaza (like Le Florida or Le Bibent) and there are shopping malls nearby (like the Galerie Lafayette). You can find many ways to spend a good time like cinemas or Saint-Pierre square which I'll talk about just after. The Capitole square is only a ten-minute walk away from the ENSEEIHT.

Saint-Pierre

All the students of Toulouse know Saint-Pierre square, it's the place for students' evenings. This square is composed of many bars as Le Saint des seins or La couleur de la culotte and in particular Chez Tonton, famous for its pastis. You always have a great atmosphere there, every evening many students from Toulouse's universities meet in one of the bars. The square is next to the Garonne (Toulouse's river) and of the Daurade pier, thus it's a very beautiful place. The Saint-Pierre square is at a five-minute walk away from Capitole square and a fifteen-minute away from the ENSEEIHT.

Saint-Aubin

The ENSEEIHT is located in the neighbourhood of Saint-Aubin. This neighbourhood is less known than the two others but an ENSEEIHT student has to know what he can do here and there are interesting places. When you say Saint-Aubin to an inhabitant of Toulouse, he will usually think of the church which is imposing and interesting to visit. You have also some bars like the Café populaire and some restaurants and especially one, very popular for ENSEEIHT students, Burger n' co. This neeighbourhood is usually quiet but is still at the center of Toulouse so it's easy to find some life.

by Jules L'Allemand, Joffrey Guibon, Emerick Gibson
Toulouse's lively student life

Aside from being a beautiful city with lots of sightseeing and restaurants, Toulouse also has a very dynamic student community: it is one of France's city with the most students. They come from a plethora of different schools. Indeed, Toulouse has several university localized all around the city and it's surrounding: Capitole 1 and 2, Paul Sabatier, Toulouse Business School and the Toulouse School of Economics; it has highly prestigious and engineering schools like the ISAE, specialized in aeronautics, the INSA and the ENAC and finally it has three schools that are part of a common network called the INP: the ENSAT, the ENSIACET and, of course, the ENSEEIHT.

And so if you join our school, you will both have the privilege to enjoy partaking in activity organized by the other schools and by the INP.

One of them is called the Ol'Inp or the INP's Olympiade. It takes place every year and it is a competition between every school of the INP network. It will test you in a wide variety of area but over all, its just meant for you to have some fun with your INP brethren. But maybe the o'inp is a bit too much in good fun, maybe you have a greater taste for sports, sweat and competition. In that case, you could join one of the schools many clubs to compete with other schools in sports such as footballer (we have a men and women team), rugby, roller hockey, american football and many more. And finally, the INP has its own outdoor clubs that organizes a great range of activity. They have it all! Wind surfing, diving, trips in the country and the list goes on.

The presentation was talking about five groups and every one must belong to one of those groups. The first group is Fiestan7. It is the most famous group there activities were about how we can create entertainment inside engineering school. The second group is «computer». This group aims to give student informations about n7 network and make them aware of the different activities that take place in the school. Then there are «sportteam» this group collect all students who have skills in different sport and create some team in order to organize some competition on weekend and holidays. Besides, there are «the intello» this group is to collect informations related to different culture from student's n7 nationalities so they can know more about each other and to have an idea about the way of thinking of the others. The last group is «the bad team» this has a particularity: no one knows about their activities. So we have five different groups and our new student should belong to one of those groups. So how he will make his choice?

The relations between groups are different and various. Indeed the fiesta group and the sport players have good feelings. They often organize different games at the same place like a ping pong beer. The intello team also have time with the computer lovers and discussing about the power of computing and its capacity of changing the world. The last clan is the guys who are selfishs and hate the others. They just think to themselves about the last one, fear. He sees on his time table his first appointment is tomorrow at 8 o’clock for the presentation of clans. He thinks during the travel to his home, wich one Steven

Choosing a club at N7

Back to school

This year a new student has been selected at ENSEEIHT. He called Steeven and he is 22 years old. He is from California in USA. He was happy to arrive in France because he always wanted to learn french langue and discover french culture.

When he enters on he big hall of the school, he was surprised to discover five banners representing the five clans. He knows he have to choose one of them but needs to turn up the activities of each one. On the path to the secretariat, he find clues about clans, parties, sport, computers, sciences and a strange impression about the last one, fear. He sees on his time table his first appointment is tomorrow at 8 o’clock for the presentation of clans. He thinks during the travel to his home, wich one Steven

A vibrant club life

An other important side in the ENSEEIHT’s life are clubs. Community life and especially clubs can firstly allow you to flourish, with the diversity of the proposed activities (from sport to technical clubs), and secondly bring you some capabilities that you might not be able to acquire only with the classic parcours in ENSEEIHT. Typically, we have 4 technical clubs exercising in four areas, and each with a great reputation in their respective discipline.

Let’s review these four clubs by starting by the most well known within the school, the video club named Tvn7. One of the oldest school club, it is traditionally present on all student events within the INP, filming each highlight of the evening events, put them together into a “newscast” of all the best moments of the evening. But behind the attractive aspects of the club also lies great technical advantage which can bring great knowledge in the field of audio and visual computing, but also a part of networking skills.

Then comes another pillar of our community life, can7, the ENSEEIHT’s animation club involved in bringing light and sound at all events within the ENSEEIHT, but also outside Toulouse. Being an association, as well as tvn7, they are often approached by organizations to energize upcoming events outside the ENSEEIHT. There is also a large technical side, especially in the field of electricity and security.

Another club that takes part in its external services is the computer club, net7 which offers services such as SMS on a giant screen, streaming or games such as agarIO when people await the news of TVn7. But net7 is also the club that provides many services such as the BDE’s website, online ticketing for school events, a centralized service called “La Frappe” aiming at regrouping courses.. And the whole administrative part accompanying these services.

Finally comes the ENSEEIHT’s robotics club , called Trobot, this is a robotics club renowned in the field of robotics, especially through their participation in the National robotics competition, where they reached the 4th place. Futhermore, some joint projects were conducted with net7 like the new arcade capable to emulate retro games like Pokémon or Mario Bros with new feature like the possibility to play together on the arcade (up to 8 players).
The robot R7N7

A new way of éducation at Enseeiht : The robot R7N7
Published on September the 4th in 2050

Robots R7N7 have become the new friends of Enseeiht students. Indeed, the scientists of the LAPLACE laboratory in Toulouse have created a new robot called R7N7 to help students in their studies. Each student has his own robot which will guide him during his training at Enseeiht. Today we have met and talk with a teacher and scientist from the LAPLACE laboratory, a student of Enseeiht and a robot R7N7.

Good morning M. TIGUB, you are the project manager of the R7N7 robot, researcher at the LAPLACE laboratory of Toulouse and lecturer at Enseeiht. Could you please explain the objective of this project ?

One of the main objectives is to help students to be more concentrate in their studies and to force them to be more efficient in their study. Indeed, we noticed that during their three of four years in Enseeiht, most of the students spend more time and energy in clubs and associative life in general. The role of R7N7 would be to force them to pay close attention during class, force them to go in class. For example, the robot, which is connected to the Internet and so having his timetable, will wake him up when they have a class. For that, it will follow him wherever he goes except during holidays. An excessive presence to the parties or in the Foy will warn the manager of the year of the student.

The second objective is to use R7N7 as a pedagogic tool. We uploaded a database of exercise in the robot. The student can ask the robot for some exercise about a discipline an will be able to select it in function of some criteria as his strong points and weak points. Finally, it will help the student to learn the formulas and lessons. The robot, which is connected to the student's computer via a software, displays the lessons on the computer. Frequently, the student will have to pass "tests" of basic questions just to check that required knowledges for the exams are known. Those tests can be spends as many time as the student wants.

Don't you think it is excessive and an invasion of privacy

I don't think it is excessive because the robot don't force the student to work all the time, it only force him to be a serious student who is present in all the class as soon as he is in condition to go and force him to learn the lessons for the exams thanks to the tests. Concerning the privacy, we don't have the position of the robot and we almost don't know anything from the robot : while the robot don't send the signal to to warn us for an excessive presence to the parties, we don't know if the student goes to parties or not. In other words, we are informed by the robot only if it considers that the student behavior risks to have consequences on his study. Moreover, an entire section of the school rules are devoted to the use and the robot. In this way, when the student agree to the school rules, he agree the use of the robot and the consequences.

Dorian who studies at Enseeiht in the department of electrical engineering will tell us what their feelings about this new robot.

Good morning Dorian, so what do you think about your robot R7N7 ?

Good morning ! Well as you can see, my robot R7N7 follow me all the time... it's so annoying ! According to the teachers, the robot has been created to help us in our work. Actually, the robot has to repeat mathematics formulas all night during my sleep in order to remind me it... but in that way he prevents me from sleeping ! Moreover, I can't go to party anymore because he is always next to me repeating that I have to do my homeworks and if I don't obey him an alarm goes off ! ! I feel like the slave of this machine...

Your robot looks different from the others... Do you have modify him ?

As you know, I'm a student in electrical engineering and so I have some knowledge in robotics and programmation. Well I have a bit modify him... I prefer to say that I have make the robot better by adding specific options. First, I made it to have a funny robot with many colours ! My robot is unique. I was so fed up with him so I disconnected the alarm and he can't talk anymore... What a pleasure to sleep quietly ! In addition, I reprogram the robot and now he's able to cook for me, to do the washing-up and it's him who does my homeworks ! I guess you have heard that this machine is revolutionary for education... but finally, according to you it not seems a good idea. The main purpose of this machine is to help students to be more efficient in their work. Have you got an idea to reach this goal without robots ?

Well, I really think that the use of robots is negative for us because it makes us feel like child. Indeed, the robot is always keeping a close watch on you like if you are 5 years old ! We are not independent anymore and in my opinion, it is very important to be able to manage on your own.

Called R7N7, this humanoid robot is a robot with its body shape built to resemble that of the human body. Moreover Laplace develop conscious robots, they are able to learnt, make choice or have feelings. As human these robots are not perfect : they can be out to lunch, shoot oneself in the foot...

Their principle mission is to help the students to the everyday life. Here are some examples of robot task :

- Wake up student.
- Carry bag of the student.
- Improve English student.
- Avoiding harmful situations to people.
- Discuss and amuse.
- Do cook, do the housework.
- Explain math or other subjects...
- Motivate and comfort student.

The robot is with the student in the everyday life.

Furthermore, student have the possibilities to add functions : TV with Internet connection, database of exercises, overhead projector, GPS, change look... Robots is able to adapt his language, how he think to suit to the student. Robots can give orders and make differences between good and bad actions.

" R7N7 at Laplace ( Toulouse )" During own visits, we also heard concerns from a student robots :

Journalist : " Nice to meet you R7N7 n°2485, can you tell me a little about yourself ? "

R7N7 n°2485 : " My name is Dorian, I'm student assistant, i was born in Laplace and I am 3 years-old. I live with Sarah, she really cared about me, others robots are mistreated. "

Journalist : " What undergo the other robots ? "

R7N7 n°2485 : " Many of us are oblige to drink beer at foy, other are modified to say insults, student change our appearance and make us ridiculous. I am in on something, student organize fight between robots ! "

This interview show that : these robots are perfettable. A new version is planned for 2053. Students will no have the possibility to modify robots and robots will stay at Enseeiht every days.

By YCHAMBON Dorian, BLANC-ROUCHOSSE Jean-Baptiste and CASSOU Anaïs

"R7N7 at Laplace ( Toulouse )"
Interview with a Morocean student

Leonardo interviewing Sara

Why did you choose come to France?

When I was young? I had my brother, Amine, who did his studies in France, so I used to come to Paris every summer to see him and to spend my holidays there. My brother was kind of my mentor, so I wanted to do the same studies as him. After my high school in Morocco, I started preparatory classes and I had the chance to get a very good school in France.

There are lots of administration procedures here, mainly for foreign students. What do you think about this?

I agree that there is a lot of papers to sign and to prepare, but the French system is organised in a way that make life easier for foreigners. We have the chance to benefit from a lot of administrative advantages, it is annoying in the beginning of the year but it facilitates your life during all your stay in France.

How does the night life work here? I could go to some parties and I enjoyed it. Do you like it ? There is good parties at N7?

Personally, I think that Toulouse is the best city for students in France. When you walk out there, all the people are young, so it is a very dynamic city. And as there is a lot of students, there is a lot of parties. There is almost a party every night. But it is not the only that we can do in Toulouse, there are lots of activities that you do during the whole day. Of course that you can go to every party that you want, especially at N7.

We do have three integration weeks where there is an activity each day. Of course that you can go to every party that you want, especially at N7.

Do you know any good magazines of technology in Toulouse? Which would you recommend?

I really don't know any magazine, but if you are interested in technologies, there are lots of clubs at N7 that make great stuff in technology and computer sciences. I recommend to come to «Aprés-midides club» that will be this thursday afternoon at hall C and there you can look for Net7 and Robot7 and you can find a great team with who you will enjoy your year.

Was easy for you learn french? Since when do you study french?

In Morocco, we do start learning french since we are three years old at school. It is a very important language there, so it was easy for me to learn it. It is kind of my maternal language.

What do you like more in Morocco? What is your favorite place there?

What I like the most about Morocco is the warmth of the country and the people. Everyone is nice and funny there, there are exceptions of course, but basically it is a really kind country. For the places, there are lots of cities that are really beautiful, and that you can come to visit. I can tell you about my native city which is «Essaouira», it is near the cost, and it is a really charming city.

Da Corridor Mystery

Dear reader, please be patient: read first and look at the picture later ;)

This story took place on Thursday. It was a dark raining afternoon. I had just finished writing my report about electromagnetism interactions in the computer room, so I went down to the Hall C to have a break...

I decided to take a coffee: I put a coin in the coffee machine, it made a strange noise while preparing my expresso. I heard thunder – the sky was so dark on that day that’s why I was not surprise to hear the storm. I took my cup though it kept whirring. It was not the coffee machine. I turned around and faced it – the responsible of that shrilling noise – a terrifying amount of metal. It was shaking so much, I felt the floor vibrate under my feet, and then – a flash of lightning – I could not tell if it came from the storm, or from the mechanical beast itself. I got cold feet, nevertheless, I wanted to understand what was going on and approached to face that demon.

This stuff was imposing and noisy, I don’t understand what I was facing. I get my self closer and closer to find an explanation, I could feel more and more vibrations when I was walking. I saw sparks and a coal smell was filling the room, I was excited: nobody until now discovered a such thing! While I was approaching, I felt power emanating from this installation.

There was electric wire everywhere on this stuff and a scary chassis was supporting the whole beast. Light was dancing around the structure and this performance drives me voiceless, I was alone talking with the strength in person. It was troning in middle of the room and no-one could stop it.

The body of the monster was surmounted by four enormous cylinders, like the four paws of an elephant. After some long minutes of observation, I understood by seeing the wires that this cylinders were huge coils. However, that did not explain the terrible noise made by the monster! The noise was closely like the roar of a lion. I actually don’t know wether or not I was crazy, but I’ve decided to carefully take a look on what seemed to be the head of the machine.

What I saw was unimaginable. The head of the monster was a big piece of metal in perpetual rotation, as a flywheel. That explain the noise: it was the noise made by a machine. Da Corridor Mystery was finally just a Direct Current Machine.

By ANDREUX Claude

Even if this machine scared me a lot, I didn’t know at this moment that this was only the beginning of being a GEA Engineering student.
Scene 1

2 characters : A chinaman and the baker.
The scene takes place in a bakery, at 7h45 am and the chinaman is entering.

C : Hello !
B : Good morning ! ( Wipping his hands )
C : I’d like to buy a french specialty called ( taking a french accent ) «pain au chocolat ».
B : ( Surprised ) Sorry I don’t speak chinese.
C : ( Surprised too ) I was speaking french !
B : So what did you mean ?
C : I asked for this. ( Showing the showcase )
B : Oh ! Yeah you want a chocolatine, don’t you ?
C : A what ?
B : A chocolatine !
C : ( Confused ) Is it different from what I asked for ?
B : But what did you ask for ?
C : ( Slowly ) Pain au chocolat.
B : That doesn’t exist here ! Chocolatine tastes better than pain au chocolat and looks even more better ! If you really want one, go north of France but you’ll be back here soon.
C : So if I want to buy a pain au chocolat should I go to Paris ?
B : No need, just go north of Bordeaux.
C : Well I’ll take this chocolatine. How much do I owe you ?
B : 1 euro please. Would you want a pocket with it ?
C : No need, I’ve got several of them in my Jeans ( putting his hand in his Jean )
The baker hold him the chocolatine
C : Thanks but would you have a bag please ?
B : You said you had some with you.
C : ( Puzzled ) What ?
B : You told me you had pockets in your Jeans.
C : ( Looking at his pants ) Yeah but I wont put it in there.
B : So what do you want ?
C : I’d like a bag to carry it.
B : Ok I’ll give you a pocket then.
C : Anyway !
( Taking the pocket and the chocolatine, leaving the bakery )

Scene 2

2 characters : The chinaman and another student.
The scene takes place in the Foy of ENSEEIHT at 7h30 pm. The chinaman is leaning on the comter and the other student joins him.

G : ( Enthusiastic) Hey nephew ! What are you up to ?
C : ( Troubled ) Pardon me ?
G : You are the first year chinese student in GEA, aren’t you ?
P : I see what is bothering you, this is no religious matter. I’m a second year student in GEA too and it means I’m here to help you fit in the school.
C : Ok but i already had a presentation of the school and how it works here, so I’ve no more questions for you.
G : But do you know what a Qboule is ?
C : Actually not.
G : ( Grabs his shoulder ) See you still need me, there are other things you don’t know and I will show you them.

The student orders 2 beers and give one to the chinaman.

C : What do you want me to do with this.
G : Drink it ! But you’re gonna one shot it ! I’ll say the key words and we’re gonna drink it together.
C : But why ?
G : You think too much, it’s a tradition here and there is an old saying which is « A nephew, a Qboule ».
The chinaman, sceptic, grabs his beer and wait for the signal.
G : ( Saying out loud ) To hand ! To mouth ! To bottom !
The student empties the glass quickly. Chinaman drinks slowly and nearly the end he sees a thing that makes him open big eyes and stop drinking.

C : God damn it, what the hell is he doing over here !
G : ( Look at the direction pointed by the Chinaman ) He’s dancing a Limousin.
C : But he’s going naked ?
G : That’s the point, you understand quickly !
C : You French have strange folks !

They both laugh and order another beer !

THE END
History of Toulouse :
Usually called the « pink city », Toulouse is nowadays an important city in France due to its past and current influence. I’ll present the history of an icon in Toulouse, François Verdier.

François Verdier
François Verdier was born in September 7th, 1900. He was first known for running a business of agricultural engines. He became a national icon during WW II since he was very engaged, and became the regional chief of the French resistance.

François Verdier was captured by Gestapo in June 1943, and spent a year in Saint- Michel prison. There, he faced several ways of torture, but never gave secrets to Gestapo. He finally died in 1944, executed in Bouconne Forest. You can know more about the resistance in this region by visiting The departmental museum of resistance and Deportation. ( 52 Allée des Demoiselles, 31400 Toulouse).

François Verdier’s Place : a nice place to live in and be near N7
François Verdier is a strategic place if you want to live next to N7 and feel the historical atmosphere of Toulouse. Short facts about Toulouse :
The modern city of Toulouse was built over the Roman ruins, previously named Tolosa. There was a Roman cemetery under N7. It has a massive town hall that closely resembles Buckingham Palace. It’s called the « pink city » because the buildings are made of a material which looks close to pink from the air.

After this brief historic introduction, my friend Hicham will introduce to you some classic monuments to visit in Toulouse.

Monuments in Toulouse :
This article is written by REGUAGUI Hicham and it represents different monuments you should visit in Toulouse. As a student at enseeiht and a citizen of Toulouse you have the chance to visit different monuments and to see many things. Because you are lucky, some of these historical monuments are near Enseeiht.

1°-Monument aux morts (allée francois verdier) :
Monuments aux Morts is French war memorial established to commemorate the losses of World War I. After the end of the 1914–1918 war there was a frenzy to build memorials to commemorate those who had been killed and it has been calculated that in this period well over 36,000 individual memorials where erected throughout France with the majority of these being built between 1919 and 1926. These memorials are known as monuments aux morts - literally monuments to the dead .

2°-Le Musée des Augustins (12 minutes walk from N7) :
This museum is hosted by one of the oldest house in Toulouse, a medieval one. It nicely looks Roman, but it is not. And that’s great because this museum presents a lot of things dating back to the times this land was part of the Great Roman Empire. This museum presents a bust of the first Roman emperor: Augustus. There are only two cities in the World that hosts a bust of Augustus: Rome and ... Toulouse! This is because our city of Toulouse owes so much to this emperor.

With so much Roman statues, Roman and Celtic artifacts, I strongly recommend to people to take a few hours of their time to pay a visit. The price is very good, not expensive (just 3 euros) and it worths it all. I also recommend this museum for the fantastic series of sculptures representing the 12 Works of Hercules. Very special, very gallo-roman indeed.

And I finally also recommend this museum for the nice reconstitution in its basement of a part of the Wisigothic Toulouse, a time when Toulouse was the Capital City of the Wisigoth kingdom, just after the Fall of teh West Roman Empire. Go to see al these beauties and you’ll enjoy it.

Finally , I finished my part of work and i will now let you discover more about Toulouse with my friend Fatima-Zahra.

Shopping and Gastronomy : As far as I am concerned, I will present you some informations about shopping and typical dishes of Toulouse.

Shopping in Toulouse :
Toulouse is a city of fashion with its shop-lined streets all inviting you to window-shop and browse around. You will also find the major brands, as well as luxury and local products to take home as souvenirs.

Toulouse has a compact city centre « Capitole » which is easy and pleasant to explore on foot, as well as by bike or the underground. Its wide variety of shops makes it a perfect place for window- shopping.

Gastronomy in Toulouse :
Want to discover a menu Toulouse? From appetizers to dessert, enjoy the perfect meal at Toulouse with the 2 most typical dishes of Toulouse! To switch it off, leaving you walk or bike to the rest of the day.

If you have the chance to stay in a hotel downtown Toulouse, you’ll be spoiled for choice to discover regional and local cuisine. What you must taste? This is what you will learn with this list of the 5 most essential dishes. Do not forget that besides meat specialties, Toulouse is a paradise for lovers of sweets. And there are many desserts that are worth visiting, but a cake takes the cake Supreme gluttony ..

1- The sausage
Toulouse sausage is cooking Toulouse. Its production follows extremely rigorous processes. Traditionally, it consists mainly of lean meat, and you can enjoy it with a good cassoulet, it’s not the only way to serve it. It is not very thick and has a nice color, between pink and red.

2- Cassoulet:
In Toulouse, you will have many opportunities to taste this typical dish Southwest, certainly based on white beans but also various deli delights with Toulouse sausage course, but also duck confit for the Toulouse version cassoulet, a rich flavor.

By RABI Fatima-Zahra, SEFRIOU Badr and REGUAGUI Hicham
The food when you are FLUSH

Toulouse is one of the warmest and most attractive cities for study in France, that comes from the fact that it has so many cultural, demographic and economic interesting aspects. Food and culinary habits is one of the major benefits of studying in Toulouse, and more widely in it’s area. We’ll try to present some of the city’s best typical foods and drinks, to finally show how people at Enseeiht engineering school are interested in food and eating well.

Traditional food

Toulouse is a well-known city for its culinary specialities, people in here have a close link to food, which ensures you that you’re not going to die from starving in here ! The city, and more widely the Midi-Pyrénées area is famous for making recipes out of duck meat and fat, and even poultry: Goose Foie gras is a worldwide appreciated dish for it’s taste, it is considered as a sophisticated food and is now served in almost every renowned restaurant all around the world. Midi- Pyrénées also products a big amount of smoked meats and deli, and the Toulousian sausage is a significant exemple, so you can find it in a large selection of typical dishes, just as in Cassoulet, which is the recipe that symbolizes the most the southern spirit of the city. In addition of the sausage, the Cassoulet is made of white beans and a sauce which is made of tomato paste and local wine.

In addition to that, we can also include some local types of cheese, like Aligo, a cheese and potato mash in which you can drench whatever you want and enjoy, but in a moderate way because it will make you want to have a nap right after that ! Plenty of sweets are also made in here, let’s just quote the violet flower candy, which has a particular sweet taste that makes it successful all over France and even Europe.

If you ever move a bit from the Midi-Pyrénées just to reach the neighboring departments, you’ll be surprised by the very large amount of dishes from which Espelette pepper is used: chocolate cake, chicken breasts and even to make pasta taste better. The Southern-West region of France has a large amount of grape fields, that’s why it produces some of the best wines in the world.

In France, you don’t need to be made of money to drink good wine. In fact, drinking good wine is important for French people. It’s fixed in our culture. South-West France is a region full of different wines. There is one of the most famous French wine : Bordeaux (it’s also a city near ocean but Toulouse is more beautiful). Bordeaux is a classical red wine in French meals. Perfect with a big piece of red meat ! If you prefer white wine, I’m sure you will appreciate Jurançon. This wine comes from Bearn, a region in South of Toulouse.

I can’t talk about restaurants in Toulouse without talking about Au Gascon. You can find there the local recipes such as Magret de canard, cassoulet and foie gras. It’s authentic and simple, the prices also are reasonable.

I really recommend this restaurant for the people who whant the original and traditional food of Midi-Pyrénées.

At last, living in Toulouse might be a really good experience for you. It’s a city full of good and rated restaurants where you can eat very delicious local and traditional food. You can also taste specialities from other areas and countries.

Drinks

In France, you don’t need to be made of money to drink good wine. In fact, drinking good wine is important for French people. It’s fixed in our culture. South-West France is a region full of different wines. There is one of the most famous French wine : Bordeaux (it’s also a city near ocean but Toulouse is more beautiful). Bordeaux is a classical red wine in French meals. Perfect with a big piece of red meat !

Near N7, there is a good winery : Enoteca 31. If you want to taste and buy good wines.

If you ever move a bit from the Midi-Pyrénées just to reach the neighboring departments, you’ll be surprised by the very large amount of dishes in which Espelette pepper is used: chocolate cake, chicken breasts and even to make pasta taste better. The Southern-West region of France has a large amount of grape fields, that’s why it produces some of the best wines in the world.

There is the oenological and gastronomic club of ENSEEIHT for you: 7 de table. Members of this team organize some wine tasting : oenological students from ENSAT (the agronomy school of Toulouse with a lot of beautiful women) teach you how to taste and appreciate good wine. Moreover, 7 de table offers you the possibility to find out local food of Midi-Pyrénées. Cheese and pâté are the best way to spend a good evening ! To conclude, this club is made for people who like simple pleasures of life !
The student concil has thought of your health and your good nutrition too! This is why the BDD (sustainable development concil) offers you, every week baskets full of fresh local vegetables and fruits. There are called Eco-box and you can command them every week on the BDE site. Those products are coming right from farms in the surroundings of Toulouse.

If you need anything else, you can go to the market places yourself. There are many of them in Toulouse but here is what we advise you:
- Arnaud Bernard market: for cheap fruits, vegetables, meat, cheese, honey
- Victor Hugo market: for meat, fish, cheese, condiments
- St Aubin market: for organic products (near ENSEEIHT)

Here is a little map to show you all the markets you can have a blast shopping!

When you are hungry and you have nothing left to eat, it's good to go out and discover new restaurants. If you have never tasted vegan dishes, it's time to break the mould! Here is some vegan restaurants we have tried and approved for you:

Vegan all-you-can-eat restaurant: La faim des haricots = 10€ - 15€ (all day / all week)

It is really delicious and you will not go out of the place hungry, I guarantee it!

La Belle Verte = 8€ - 12€ (midday)

It is a restaurant just outside ENSEEIHT, that could do a good substitution to the university restaurant sometimes, to relish bio products and discover new original organic vegan dishes.

To sum up, Toulouse and its area have a very rich culinary past and a lot to offer to gourmet newcomers. So don't hesitate anymore, if you love food, Toulouse will suit you perfectly!

By Marlène Most, Hamza Loudghiri, Hamza Menioui, Laure Mohammadi

Green your life!
Eating on a shoe string

Where to eat when you’re an n7 student

by Moundili Aoubaïd and Lopes Adrien

As a university town, Toulouse has enough fast food restaurants to make you break the mould and go to a different place everyday. If you’re hungry and want to eat without being taken to the cleaners, but you’re too lazy to make food, there are plenty of Kebab restaurants where you can go at any hour. Most of them offer 5.50 € lunches, serve Hallal meat and offer you a fast service. Here are few recommandations.

Zagora
Address : 6 Avenue De L’U.R.S.S - 31400 Toulouse
Distance from n7 : 2,6 km

Probably the best Kebab in Toulouse, or at least the most appreciated. It serves the best burgers you can have in a Kebab and the staff will always be smily and joker. The ingredients are always fresh and you will have more to eat than you paid for in term of quantity. Their chicken and veal are of impeccable quality.

You don't want to go to the UC (university cantine) for lunch? No problem, I will introduce you some places for the lunch break.

Burger ‘n’ Co
20 rue Riquet

This one isn’t really that cheap, but it is a grand classique here at n7. Really close to the school, in the same street actually, this is the place where you have to go if you want to eat a big tasty burger, almost composed by yourself. You can have one of those between 9€ and 11€.

This is now the end of our selection, the team hopes these tips will help you in your time of need, and we wish you a good appetite.

Zagora
Address : 6 Avenue De L’U.R.S.S - 31400 Toulouse
Distance from n7 : 2.6 km

Subway
13 Boulevard Bonrepos

If you want just a sandwich go to the subway marengo. Located 1km from ENSEEIHT, this subway have a partnership with our engineering school. So you can have a sub30 menu for 6€ instead of 9€ with your ENSEEIHT student card. The perfect place for a good sandwich.

I hope this article help you to take advantage of student reduction. Now, Vincent will help you to find a place to eat for tonight.

Léguevaque Vincent

Now let us assume it is 8pm, you probably had a couple drink at the foy or in the center city, and you are starving to death. The main problem is, you don’t have much money to spend, your budget will be refilled at the end of the week, and you can’t afford to throw money around. Hopefully, there are a few places downtown where you can eat a lot without being made of money. Here are three of them that our team has chosen for you.
Istanbul Sandwicherie
46 boulevard Lazare Carnot - 31000 Toulouse
Address : Distance from n7 : 500 m
Really close to n7, this Kebab restaurant proposes a quiet terrace where you can let your hair down while eating. A smiling staff will welcome you and you will be able to eat fast enough to go back to class in time.

Pizz’n styl
21 Rue de la Colombette
If you want a pizza, go to pizz’n styl. This place is located 400m from ENSEEIHT. This pizzeria is well run by a nice man call David who have one rule : « FRESH pizza ». Indeed, he used only fresh ingredient and this is the reason at this high price (14€ - 15€ for a 33cm pizza).
If you’re no made of money and you’re a student, go to this place during lunch, you can have a margerita or a vegetarian pizza for only 5€.

Pause Café
2 rue Joseph Lakanal
Probably the most competitive prices you can find nearby. Still around the place du Capitole, this restaurant will give a complete menu with a daily plate, a drink, a coffee, and a dessert, for 5,5€.

Bodrum
6 rue des lois - 31000 Toulouse
Distance from n7 : 1.2 km
Near the Capitole, the heart of the city, this restaurant offers you a reduction if you’re a student. The meat and the bread are really awesome and if you want to eat quietly, you can go upstairs in a small room to eat in perfect calm.

La maison des nems
34 rue Gambetta
Do you prefer asian food ?
La maison du nems is a good place for you. This place is located near of the capitole, 1km from ENSEEIHT. For 8,50€, you can take the lunch menu : 2 nems, a dish in the choice, white rice, a dessert in the choice and a drink in the choice.
In short, a cheap asian restaurant.

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In short, a cheap asian restaurant.

Crêperie du Taur
75 Rue du Taur
A few steps away from the place du Capitole, in the rue du Taur, you can find a really nice place to eat crepes, without paying through the nose for it. You can actually have two crepes (one salty, the other one sweet) plus a drink only for 7,90€.
Hello my friends! We are students from N7 in 2A TR, and we wrote this article to give you a hand, because we want you to spend the best year of your student’s life. We give you the best places to go in order to share a beer, do sport, restaurants...

We know it is hard to become integrated into a new school, moreover in a foreign country. But let’s be honest, you won’t be up one’s eyeball. Do not stay at your home, and have a glance at those places.

Where can you drink a good beer in a good place? I know you are asking yourself the question. If you want to be in a trendy and hype place, go to place Saint George: Wallace bar is always full. However if you prefer to be out on the tiles, I suggest you to spend a night at place St Pierre. You will find Chez Tonton for a convivial, Pastis and rugby ambiance, La Couleur de la Culotte, a more trendy bar, Le Bar Basque for a good terrace and finally Le Saint des Seins with a nightclub atmosphere. Also visit De Danu (Irish pub close to N7), Snapper Bar, Jagger Bar, Cafe Pop, Le Nain Jaune (cheap and good rhum)...

Remember Happy Hour is 7p.m-8p.m, Happy Night Monday at Chez Tonton, Wednesday at Le Saint des Seins.

I hope you will do a barathon with your friends, and after you had a drink, grab a bite in the best restaurants! Follow the article and discover them thanks to François.

Now that you have resolved, thanks to Guillaume, your need of beer and others drinks, let me fill your stomach. I spend two months in a foreign country and I know how hard it is to find something that suits your taste. Fear not, you won’t starve in Toulouse, let me help you out.

The first place would be the RU (restaurant universitaire) from the school. Most students don’t really like this place, it’s good enough when you need to quickly eat during the day and don’t have much time to go to a better place. The good point is that it’s cheap and on the school ground.

If you are looking for snacks and fast food, you can find them everywhere. Mc Donalds and Quick are everywhere in the city, for example on the Capitol’s square and Wilson square. Then you have Yard and Burger&Co where you will find delicious burger not far from the school. Want a pizza? Sure go to the allée Jean Jaurès, you will have enough of it.

If you want to try a bit of the traditional food from Toulouse? Go to la Maison du Cassoulet, it’s near Jean Jaurès subway station and it’s really good. In the case you want to eat some exotics food, you will certainly find your pleasure in the restaurant El Chivito, it’s near Capitol’s square and you will find some delicious South America meals there. But if you just want to eat some classical French meals, then try the Florida, it’s too near the Capitol, so near that you will have a nice view on the Capitol (in fact you are on the Capitol’s square). Well you may find it a bit costly but
I assure you it's worth it.

I am sure some of you can cook and are good cook. In Toulouse you have a lot of places to do your one's shopping, you will find there fresh vegetables, fruits and others things. Depending where you live, I suggest you to go to the market St Aubin, it's in front of the church near the school, it's very good and cheap.

On the place des Carmes you will find a really nice market hall with vegetables, fruits, meats and more, it's a bit more expensive but worth the try. And if you want to get an eyeful, pay a visit to the market Victor Hugo on the Victor Hugo square, with an hundred stalls it's really interesting to see.

In the next part my friend Franck will tell you where to go to do sport and listen to some good music.

Thank you François, here Franck ! You may want to be healthy and do some sport, and you're right ! N7 gives you access to its own clubs :

<table>
<thead>
<tr>
<th>BreakDance</th>
<th>FightClub</th>
<th>PomPom Girls (and Boys)</th>
<th>Stackline</th>
<th>Tennis</th>
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<tr>
<td>Rock</td>
<td>Salsa</td>
<td>women's football</td>
<td>Tango</td>
<td>Running</td>
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They are managed by N7 students, so it's very friendly, and most of them are localized inside our school.

and also INP clubs :

<table>
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<tr>
<th>Football</th>
<th>Handball</th>
<th>Ski</th>
<th>Climbing</th>
<th>Aviation</th>
<th>Diving</th>
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<tr>
<td>Basket</td>
<td>Sail</td>
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<td>Paragliding</td>
<td>Thrils</td>
<td>Roller</td>
<td>Horse Riding</td>
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</table>

This is almost free. These installations are in Labege, in the south, and it takes near 40 minutes to go there by subway and buses, so, if you don't have a car (which is very possible), it can disgust you. Don't worry ! Toulouse is full of clubs of various sports, and you can see on GoogleMaps™ where are there by subway and buses, so, if you don't have a car (which is very possible), it can disgust you.

Now, music ! The first address to hear good music and some new concert is the Bikini, they have always new artists in their concert hall, and it's not so expensive. More classical, you have the Zenith, where more famous groups come, and finally, if you want to drink your beer with unknowns artists, go to the Saint des Seins, the bar that my friend Guillaume have shown you previously.

As a conclusion, we can say that ... nah, this is not a dissertation, we don't need a conclusion as you already stopped reading a long time ago, so, for the last person who read this : Welcome to Toulouse, and have fun !

by KOTARBA Guillaume, NAL François and METIER Franck

Beverages in Toulouse

Water is a source of life but along centuries people have worked on making it less flavorless by combining it with roots, vegetables, etc. Aware of this, citizens of Toulouse have built great shops where you can buy nice beverages.

07:00 – Waking you up with a coffee is crucial and you need a good one. Brûleries in Toulouse are numerous but some advised consumers would advise you to visit Cafés Bacquié (5 Place Victor Hugo) or La Brûlerie des Filatiers (28 Rue des Filatiers) where a myriad of fragrances, colors and flavors are waiting for you. Your day will surely get to of the perfect start.

16:00 – You are walking with your friends in the center of Toulouse when tea-time comes. In order to not to break the mould you throw "Why not make some tea ?" but do you at least know where to find refined and flavored teas ? Saveurs & Harmonie is really close (24 Rue de la Colombette) from ENSEEIHT and propose his knowledge to make you savor teas from India, China, Japan or South Africa.

18:00 – You are bored of drinking the same beer every day at school's pub so you want to try some fine beers from Belgium, Ireland, england, Germany, Italy or even France ? Then you don't have to walk too long to find quite good places to find them. Not far from ENSEEIHT is the Mosaic (7 Rue Riquet), a beers cellar that abound of local and foreign beers. The passionated seller will help you discover new beers according to your tastes and you will easily impress your friends serving them something else than Stella or Heineken. Otherwise you may find La Matabière (74 Rue Matabiau) when you would be able to brew your own beer or savor original beers from all around the world.

23:00 – It is surely time to drink water now !

by Victor Grouin Viallard
The easiest way to eat good food is to cook it yourself! I find it very disappointing that in a city so full of markets and delicatessens so few people try and cook new dishes for their every day life. Most of the students do not care about what they are going to eat for their next meal until it is too late to cook anything else than pasta and yet cooking does not take as long as you would think nor does it is more expensive than ready-prepared dish.

For starters, we are very lucky here, at ENSEEIHT, to have our BDD brought us a basket full of fresh and local vegetables every week for just five euros. That is a good start to diversify what you are eating without thinking too much about it even if it is not elaborate. To go further, you can also go marketing yourself whether it is at the Victor Hugo market or at the tuck shop at the end of your street.

The next step is to search for recipes on the Internet to prepare them especially if you are the kind of people who run to the nearest fast food when you see broccoli coming for dinner. Whatever specialised website you choose you can always search for recipes depending on the ingredients you have and you can also sort them by complexity and time of preparation. Then it is your turn to experiment.

For instance, on Monday evening you would probably like to just put something that you have prepared during the weekend into the microwave like a ‘gratin dauphinois’ or lasagna and collapse on your sofa. On the contrary, when you have time to cook and feel in the mood, nothing is more satisfying than good pastries. There are for example very easy to achieve chocolate cake recipes you can find or just French style pancakes with Chantilly cream if you don’t have an oven.

First you have to peel and cut the apples, then put them in an oven dish. Mix the rest to make a sand-like mixture and put it on top of it. It then goes into the oven at 180 degrees for 40 min and it’s ready to eat when it’s not too hot.

Some places where you should eat

I can witness that, if you eat the same dish two weeks long, you won’t feel well-being. This is the reason why I encourage you to try some toulousain restaurants. To begin with one of the most famous, both for quality and quantity: L’Aubrac. It’s not cheap (the cheapest meal cost 25 euros) but it is worthy. It has as distinctive feature their unlimited dishes, cheese or cooked meat, or, above all, unlimited foie gras.

To conclude I would like to share a easy recipe which is apple crumble. You’ll need: 6 apples, 200g of flour, 200g of sugar, 100g of butter and a pinch of salt and cinnamon.

First you have to peel and cut the apples, then put them in an oven dish. Mix the rest to make a sand-like mixture and put it on top of it. It then goes into the oven at 180 degrees for 40 min and it’s ready to eat when it’s not too hot.

If you have less time (and budget), I tried some emblematic fast food: naans. Everybody knows kebabs, sandwiches with little pieces of grilled meat, but I discovered naans in Toulouse. These are kebabs, but instead of the usual bread, there is some cheese in the bread of naans. However, they are often not so tasty, you should ask other students about one close to your flat.

As you probably understood, I really like meat, but I would like now make you aware of vegetarian possibilities in Toulouse. The vegetarian restaurant La Faim des Haricots offers you a selfserve buffet of salads, soup, salted tart, desserts for a cost from 10 euros to 15 euros, all done with seasonal fruits and vegetables. They taste very well, what was a surprise to me… Indeed, I went there only by chance. This is not so much to balance your usually unbalanced meal, while not being hungry for a long time after.

And, to conclude, the desert: La Perlette. It offers light midday meals, but it is known for its homemade deserts and brunch, cooked with fresh ingredients.

By Grégoire MARTINI and MECHALI Joseph
SPORTS IN THE CITY OF TOULOUSE

A famous sports city...

Do you know that Toulouse is one of the most famous sports city in France? « L’Equipe » daily magazine, the most read in France, elected the town as the greatest in 1998 and 2007.

As a land of rugby, the « Stade Toulousain » is its emblem. The club won 19 « Top 14 », the best french league level, and 4 « H-Cup », the competition between european champions, which makes the club the most titled in Europe!

But Toulouse is also represented at high sport level with the « Toulouse Football Club (TFC) », the « Fenix Toulouse Handball » and the « Toulouse Metropole Basket ».

Good to know!
You can see the « Stade Toulousain » at «Stade Ernest-Wallon » from 15€. If you prefer football for exemple, you can go to the « Stadium » to see the « TFC » from 20€ ! Really not expensive, isn’t it ?

With also « underground » possibilities...

If you are a sport addict, or just a beginner, you will find everything in Toulouse. For example, the « Pont-Jumeaux » skate parc, not so far from the N7, but also sports complex in all the city. For body building adepts, there are many work out room, but also variant, as crossfits. Crossfits is THE fashionable sport, so Toulouse, as a young and reactive city, got its own community, with many places to practice.

Once you have chosen, the N7 Sports Associations, can inform you about the way to practice, or just support your favorite team ! So let’s do sport!!

By Fabrice Loisy
As you probably know, the most famous sport in Toulouse is Rugby. This is some informations so that you don’t look too stupid in a discussion with native from Toulouse.

I) Origins of Rugby

A) Origins:

We will never know for sure if the legend of Webb Ellis, a Rugby School's student who caught the ball and ran with it towards the opponent's goal line, is completely true but we do know that the debate over whether or not the ball should be carried continued for 40 years. On October 26, 1863, representatives from 11 schools and clubs met at the Freemason's Tavern in London to once and for all hash out official rules of the game. One club eventually withdrew from the debates after the group voted not to allow running with the ball or hacking an opponent. The other schools went on to form what became association football (soccer). The break between rugby and soccer was now official.

In December 1870, Edwin Ash, secretary of the Richmond Rugby Club, placed a notice in the paper inviting all clubs to a meeting where the rules could be standardized. Twenty-two clubs attended the meeting and agreed to form the Rugby Football Union. By June 1871, the first formal set of rules in the history of rugby were adopted.

B) Rules:

Rugby, a game played with an oval ball by two teams of 15 players (in rugby union play) or 13 players (in rugby league play).

The object of the game is to outscore your opponents over the course of the 80-minute match (Two 40 minute halves, maximum of 10 minutes half-time break). There are four ways to score points. The most valuable, a try, is scored when a ball-carrier grounds the ball over the try line.

The team picks up five points for a try and gets the opportunity to kick a conversion, which is a free kick at goal from a point directly in line with where the try was scored. If the ball goes over the bar and between the posts, it is a conversion and the team is awarded two points. At any time during open play a player can attempt to kick the ball between the posts and over the bar using a drop kick. If they are successful it earns three points. Look out for drop-goal attempts when a game is tight and the clock is running down.

The final method of scoring points is with a penalty kick. Penalties can be awarded by the referee for a number of infringements. Once awarded a penalty, the team captain can choose either to kick for goal, kick for the touchline, or run with the ball in hand.

A successful penalty kick at goal is worth three points.

Knock-On/Forward Pass: The ball can not travel forward off a player's hands. That means no forward passes or dribbling. The two ways you can advance the ball is kicking the ball or carrying the ball forward. Passes have to be either lateral or backwards. Result of breaking this rule: Scrum for the opposing team.

The Scrum: On each team, eight of the 15 players, known as the forward pack, bind together. Three in the front, four in the middle and one at the back. They push forward in the same formation, while the team that didn't commit the foul puts the ball into the scrum, hoping it comes out at the back of the scrum on their side. Around 90 percent of the time, the team that puts the ball in gets the ball back.

The tackle: It is one of the most physically confrontational parts of the game. It is completed when a player in possession is held and brought to the ground by a defender.

The ruck: Once the player with the ball has been tackled, they must release it. What’s called a “ruck” is formed and the ball is up for grabs — the two teams have to fight for possession of the ball. Rules governing the contest for possession often vary referee to referee, but the basics are: stay on your feet, enter the ruck from your side of the field and don’t touch the ball until it’s secured by one team or outside of the ruck.

II) Stade Toulousain

If you ask any french which is the best rugby team in France, he will probably answer Toulouse, except if he’s Parisian! Indeed, the Parisian team, named “Stade Français”, and the Toulouse team, called “Stade Toulousain”, have always been the two best rivals of the championship. The games between those two teams, often refers as “Match des stades” is a classic match for the Top 14, the French Cup.

The domination of Toulouse’s team isn’t to prove anymore. It dominates the championship for more than 20 years and has never left the first division. Stade toulousain’s players won the championships 19 times, the first time in 1912! They also won the European Cup 4 times, which makes them the most titled French team.

Now let’s me tell you a little bit about its history. As in England, rugby will emerge thanks to the students. These are students from SOET (Sport Olympian Students Toulouse) that compete on their land the championship final of France in 1903, against a French team named “Stade Français”; the history between those clubs began. If one knows the origin of the pink jersey of the Parisians, one can however wonder about the origin of the Red and Black of Toulouse. SOET students are law students, so we can easily imagine that they would have imitated the famous red and blackrobes of Social Sciences teachers.

The student clubs, including law students and those of the Veterinary School of Toulouse, merged in 1907 to give life to the Stade Toulousain.

With over 150 partners, the club Stade Toulousain enjoys a healthy and strong financing, with the biggest budget in the Top 14. Very anchored in the city, the Stade Toulousain has a real winning culture. The team has very famous players and provides numerous internationals. Some years, 8 Stade Toulousain’s players were selected for the French team. Most of French team’s captains were from ST like Fabien Pélous and Thierry Dusautoir (who was elected the best players of the 2011 World Cup in New Zealand).
Since 1993 and the arrival of coach Guy Noves, Toulouse has always been in Top 14’s semi-finals (which was the Top 15 at the time). Unfortunately, since 2013, the club’s results aren’t as good as we’re used to, specially since they lost in quarter-final of the European Cup. Since then, the ST hasn’t been itself, even if the results are not as bad as most people say.

This year, 5 Stade Toulousain’s players will participate in the World Cup in England. We hope that the Captain Thierry Dusautoir will lead them to the win.

III) Rugby in International Events

A) Rugby World Cup

Rugby World Cup is a tournament which rugby teams from all over the world face each other in.

The first one took place in 1987, was co-hosted by Australia and New-Zealand, and saw the victory of the new-zealander All Blacks against the french team in final.

The 2015 Rugby World Cup is currently going on since 18th September to 31st October and is hosting by England, even if some matches will be played in Cardiff, Wales.

This is the 8th Rugby World Cup since 1987. It’s the second time England host the Rugby World Cup but the first time it does not co-host it. So far, only four country won a Rugby World Cup : Australia, South Africa and New-Zealand twice, England once. The All Blacks are currently the owner of the rugby world champion’s title. France never won the cup but was in final three times, won the Bronze final once and lost it twice.

The 2015 Rugby World Cup started with a pool stage with 4 pools of 5 teams

In the World Rugby Ranking, The 4 top nations are, from the first to the fourth : New-Zealand, South Africa, Australia and France. Those four countries are apparently the more likely to win the cup, especially as their pool match-up were made to avoid matches between them.

As we wrote this article, only a few matches were played, with only one surprising result : the defeat of South Africa against Japan.

If you are interested in watching the matches, the Foy’ may project the knockout stage, especially the matches the french team is playing.

B) The Olympics

Rugby has not been featured in the Olympics since 1924, and by then it was played at four and only by men. Yet, it will be featured in the 2016 Summer Olympics and will be played at seven, by men and women.

By Elleuch Taha Yassine, Vivian GUY and Damien HOSTETTLER
When you look at a map, Toulouse is in the middle of lands. However this does not mean that you cannot practice your favourite water sport. The INP offers multiple choices concerning water sports. You will be given information in the following.

**Scubadiving (Amandine MANZO)**

You just arrived at ENSEEIHT in Toulouse, and you feel as if you are missing something ? You have always been enthusiast watching “Le monde du silence” ? I know what is it : sea, and scubadiving is just for you ! And you know what ? You have the opportunity to initiate yourself with INPlongée.

It will be easy to convince you. Scubadiving is a great experience, with adventure. It is perfect if you are bar-king mad or if you are just calm because diving makes you feel different feelings of wellbeing. I can assure you that you will have a blast!

Toulouse is not far away from Mediterranean Sea, we go to Marseille, to Spain for example to Colera. We meet experiment divers.

We meet ourselves at the swimming pool of SUPAERO, once a week, in order to learn and to pratice how to adopt the diver behavior. We also learn theorical facts that help us to understand what happen when you are underwater.

Divers have their own language, but it can be useful for you to know french vocabulary :
- Combinaison de plongée means wetsuit
- Palmes means flippers
- Détendeurs means regulator
- Masque means mask
- Gilet stabilisateur mean stabilizer vest.

Seriously speaking, have you never wonder how is underwater life ? Don’t you want to visit underwater shipwrecks ? The picture at the top has been taken near the Chauuen. The Chauuen used to transport citrus fruits between Marseille and Casablanca in Marrocco and after the shipwreck, lots of oranges have been found on shore.

Underwater, life is wild and really calm, you can share the moment you are living, but you can also, while being aware of the other one, just concentrate on yourself. If, for just one second, you stop breathing, the only noise you will hear is the water moving. At this moment you are just FREE !

**Sailing (Laporte PierreAnge)**

Not what you expected when you arrived in Toulouse? The INP got a marvelous sailing club. Whether you are beginner or already a confirmed sailor, the Lake of La Ganguise offers one of the best spot in the region Haute-Garonne.

The lake is one the most windy in Europe. It is not rare to observe a wind of 20 knots or more.

The club offers a wide choice of sailing supports like sailing dinghy, catamaran or wind-surf.

The lake is only 40 minutes drive away from N7. Barbecues and drinks make the journey even more enjoyable. We often share cars and equipments for beginners.

If you like to spend time with your friends and share about a passion or just learn how to sail, INPVoile is made for you ! Sailing is fun and there is sometimes competitions. You can hoist the colours of your school during regattas and compete with other people from the region.

First things first, we don’t say right or left but “tribord” (starboard) and “babord” (port). Sailing has a huge vocabulary and it will take too long to explain all the words. Indeed a sail is a “voile” in french hence the name INPVoile. It opens a new world of discovery.

**Rowing (Laporte PierreAnge)**

During the Garrona Cup, river Garonne looks like an English lake or river where Cambridge and Oxford University battle eachothers in rowing. This sport is made for strong men (and women!) who have a great team play. Where a beginner could find this sport “dull” because it seems only about brute force however you could discover that strategy and team work are the most significant aspect. Rowing is gathering a team and get them to row together with discipline on a small dinghy. The team INP will take part in the Garrona Cup next year.

**Wakeboard (Corentin MACIAS)**

Whether you are a master of the Heelside Backroll or a total begginer in Wakeboard I have to tell you that it is juste crazy to fly on the water, and one skill is need-ed to begging : motivation ! I am here talking a wake-board but you can also do water-skiing or kneeboard !
Swimming and ice skating in Toulouse

There are many swimming pools in Toulouse. They are divided into three kinds depending on when they are open to the public. Winter swimming pools are open during the whole year except on summer. On the other hand, summer swimming pools are only open in July or August as they are often outdoor swimming basins.

The closest one from ENSEEIHT is the Leo Lagrange swimming pool, at most five minutes from the school by walking. The entrance tickets are the same for every swimming pool and cost less than 2 € when you are under 25 and live in Toulouse.

It is also possible to swim with the INP sport association in ISAE/Supaero.

There are two skating rink in Toulouse (Alex Jany and Bellevue). Alex Jany is easily accessible by the underground. It costs less than 4 € with the ice skate location if you are under 25 and live in Toulouse.

Dancing in Toulouse

There are so many places to go for dancing in Toulouse! Depending on the dance you want to practise, you would rather go to the Trac for Rock'n'roll, Salsa, Swing, Boogie, Lindi Up. This dancing school has trained one of the former world best dancer couple in Boogie Woogie (Maeva Truntzer and William Mauvais). There is also the 144 Dance Avenue dancing school which teaches almost the same dances.

Furthermore, these schools often organize dancing parties on Friday evenings, open to everyone, a good opportunity to practise! Of course, you can dance right into ENSEEIHT this year there are at least 4 dancing clubs (Pompom, Break7, Rock and Salsa). Moreover, these clubs are in part financed by ENSEEIHT student association, the price of the lessons are really low compared to dancing schools. And if you are not satisfied by all these dances, it is also possible to practise with the INP (e.g. African dance).

Fitness sport

There are loads of fitness clubs in the downtown of Toulouse which offer several activities like stretching, body sculpting and so on. You can find many around the Capitole place or near Jean Jaurès underground station such as Go Fitness or Amazonia. A good way not to lose your form!

Now if you wonder which sport to practitioner you are spoiled for choice. So don’t wait and go look for it!

By Volodia Laniel

Cap’Découverte (1h of Toulouse)

Wakeboarding there is I think the cheapest and the funniest solution! You paye 25€ for the all day free access to all the activities: Wakeboard, one of the biggest Zipline in Europe, Paintball, Alpine coaster… Believe me this juste nuts! (Click here to more details https://www.youtube.com/watch?v=0DU91Elpssg )

The TNS Téléski Nautique de Sesquières (20min of Toulouse)

They have a realy good park to ride and it is only at 20min of driving of Toulouse!

The FISE

We cannot speak of Wakeboarding without speaking of the FISE! It is the Festival International de Sports Extremes in Montpellier and the biggest extrem sports festival after the XGames! That is a huge event: After Movie 2015

Rafting (Laurie Letreux)

If you want to have a lot of strong feelings, during having a blast, we have found the water sport for you: canoeing! During the descent of the river by boat, you can also jump over rocks or trees. You are not obliged to row thanks to the water flow who could be very strong. So you will be accompanied by a guide because it could be dangerous. This sport is very user-friendly because we can be about ten persons on the boat. Moreover, another advantage is that it’s not far from Toulouse.

Canoeing (Laurie Letreux)

Do you want to have fun while doing sport? You can also practice canoeing! You could also let your hair down if your friends row for you but it’s not very kind and you will be less proud of you at the end!

Natural Games is a sport contest where you could see sport like canoe freestyle, climbing, slacklining, paragliding. By night, you can be out on the tiles, with all the music concert. This sport contest is in Millau, so not far away from Toulouse. So don’t longer hesitate and go there!

By Volodia Laniel

This are the spot near Toulouse:

Cap’Découverte (1h of Toulouse)

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The TNS Téléski Nautique de Sesquières (20min of Toulouse)

They have a realy good park to ride and it is only at 20min of driving of Toulouse!
Skate park

If you like sliding and miss your roller skates, go discover Toulouse’s skate park! It is easy to go: take the metro to Canal du Midi (line B) and then take bus 70 to Schubert.

Pech David

Indeed, Pech David is a place where you will be able to do a lot of sports. This is a green zone. Football, badmington, archery, horse riding, biking, swimming are some of the activities you can do there. To get there you need to take the metro to St Agne and then bus 115 to Pech David (or Piscine de Pech David).

Horse riding

Are you keen to take a breath of fresh air? Do you like animals? Do you want to escape the city? Just do horse riding. Even if you do not have a car you can ride thanks to public transports. Indeed there are 2 equestrian centers where you can go.

The first one Centre équestre du Bousquet the cheapest one, is in Labège. You need to take the metro to Rangueil (line B) and then bus 80 to Bousquet. This equestrian center is a friendly one with easy horses.

The second one Club hippique de Pech David is more for riders who want to make progress and compete. Take the metro to St Agne and then bus 115 to Pech David.

Running

You want to enjoy a sunset or you are part of the ones who get up early on Sundays morning but you do not know what to do, this is the solution: go run and discover this beautiful city which Toulouse is. The best places to run are: along Canal du Midi (just behind Enseïht) or along Garonne and why not in the Jardin des plantes (metro Palais de Justice, line B).

Breaking news: on October 11th 2015, there will be a race called “Color me rad” in Toulouse. This is a national event. It starts at 9.30 am. It is not free but it seems amazing and crazy! The main thing is that it is a colored race. For more informations, look on their website: colormerad.fr
GOLF

There are two main golf club around Toulouse, which are both achievable by subway and bus. The first one is the “Golf de Toulouse La Ramée” at Tournefeuille, there are one 18 holes course and one practice. You can go there by taking the subway A until “Basso Cambo” and next the bus n°57 to “De croute”.

The second is called “Golf club de Toulouse”, at “Vieille Toulouse”. There are also a 18 holes course and a practice. You can go there by taking the subway B until “Ramonville” and next the bus n°119 to “Pichanelle”.

SKI

During the winter, you can also easily go skiing in Pyrénées, mainly at the station of “Ax 3 domaines” with the SNCF(by train). You have special offer, for 39.90€ (for people under 26 years) you have the ticket to go to Ax 3 domaines by train, your ski pass and the ticket to come back at Toulouse. When you arrive at the train station of Ax, you walk 10 minutes and next you take a cable car and you are at the down ski slopes. During the skiing seasons, there are two trains the Saturday and the Sunday early morning (around 7 am) and 3 different train to come back (between 4 and 7 pm).

BOWLING

There are three main bowling in Toulouse. One in the downtown, “Bowling center”, at “Minimes”, you can go there by the subway B. There is another one which is at the end of the line A at Balma Gramont, the “Bowling Gramont”. And the last one is less accessible, the “Bowling Mantaudran”, you have to take the bus n°10, or the subway and next the bus to go there.

LABEGE

All sport activities of n7 clubs, takes place at Labège. It is the place where a part of school of INPToulouse are. You can go there by the subway B, and next the bus n°10. There is a bus every 15 minutes. You can stop at INP, Carmin or Arts.

Now you just have to enjoy!

Lawniczak Jean-Clement
Events at the

Let’s introduce you some events which will occur in Enseeiht and INP Toulouse all along the year.

The OL’INP

The OL’INP are the biggest sportive event for all the schools of INP Group in France. They are inspired by the Olympic Games.

If you are a student from a school from INP Bordeaux, INP Toulouse, INP Grenoble or INP Lorraine you can participate with a big choice of sports. You can join or create a team with your friends to represent not your school but your INP. For example, if you are an N7 student, you will represent the INP Toulouse team in the sport you want.

When does it take place?

This event takes place in may, during a week-end of three days (friday, saturday and sunday). This event is quite different from the INPiades which take place in the first week-end of October. In the OL’INP you know most of your partners and you can participate with your friends. If you really want and like to compete, you can prepare your team for months and try to win the competition.

Where does it take place?

The OL’INP are organized in one of the four INP. In May 2016 the event will take place in Nancy (INP Lorraine). In May 2015 the event took place in Toulouse.

Why to participate?

If you like sport, it’s the occasion to compete with other students from all around the world in the sport you want (there is a big choice of sports). Also, you can try to conserve the title INP Toulouse won last year ! Then, after the sport during the day, we make a night party in a discotheque with all the students. So the event mixes sport, competition and festive moments!

by Alexandre Palma

The Hall C

The Hall C is one of the most important student parties in Toulouse. It takes place three times a year in the Hall C of the ENSEEIHT, each time the night from Saturday to Sunday, from 10 PM to 3 AM.

The Hall C is converted in a discotheque. Each Hall C have an original theme, so you can (you have) to disguise yourself in keeping with the theme.

The ski week

During February, we’re supposed to have a week of holidays, but in N7 we break the mold. During January the school along with the ski team organize a ski week.

Never went skiing? Why not trying it now?

If you’re a beginner, you can learn with the free lessons provided by the others students. In a week you’ll get from a total beginner to an intermediate level. And if you don’t have the materials it’s not a problem either, you can rent good materials be it ski or shoes for a good price.

Everything is prepared by the ski team, first we take the bus to get to the mountain, depending of the station it can take more or less time, but you won’t have time to get bored during the ride. Each bus has a different ambiance and to keep you distracted, a lot of activities are prepared.

When you arrive, you get in your room with your friends and you can start enjoying the different services provided by the two different lists. If you're hungry, thirsty or even if you want someone to play cards with you, you can have this with just a phone call. Basically, you can have more or less anything you want with just a phone call.

The next day, it’s the real deal, you can finally enjoy the ski slopes. You can either go to the lesson that takes place every morning, or just freely go to wherever you want.

And each night, you can have a blast on lists’ floor, the rooms are refurbished to hold a huge party with all the students from N7, everything is set so that you can drink like a fish.

by Ouahchia Samy
The Campaign

One major events of N7 is the campaign for the AE1! Every student dream, mesmerise or just simply talk about it. But what is it?

In order to become a member of the student association, a student have to pass through an election.

Two listes2 of about 80 students each have to compete in many events to get the favor of the other and then be elected. Let’s take a look at those events!

In November, the lists are formed and a president is chosen along with all the importants members (treasurer, secretary, etc.).

The campaign start in December where lists have to organise 3 breakfast each. A breakfast takes place in the C hall, must have a theme which will be represented through food decoration, music and activities.

Next, comes the ski week. If the week itself is organised by a special team, lists have to take care of the buses for the trip, parties, breakfast and sandwiches. Again, all of them are supposed to have a theme.

Just after that, the contre-liste3 takes over the Foyer for one week: It’s composed of second year students (mostly member of the current AE) who make a fake list to show how a list is supposed to handle a « week of campaign ». Then it’s the turn of the two list which have one week each.

Again, each day have a theme, a party and activities.

A few weeks later, the time for election comes! The president of the winning list become the president of the new AE and then select around a hundred students from the two list to form his team. The election mark the end of the campaign and the beginning of the new AE.

It is an awesome experience, with lots good and funny moments. Even if participating can be difficult (it requires a lot of investment), it is very enriching indeed.

If living that experience interest you, or if you want informations, keep abreast of how things are going and don’t hesitate asking around you. Or check for the Clubs/Les Listes section of the BDE website : www.bde.enseeiht.fr

1 AE, association des élèves : the student association of N7
2 Liste (list) : group of students who compete together in order to win the election
3 Contre-liste (counter list) : a fake list composed of people who were in a liste the year before the ski week.

by Alix Raynal
The green places in Toulouse

One of the great advantage of Toulouse is the green places which are very nice and enjoyable. Those places are completely free.

The flowers’ garden is one of them. This seven hectare park is a former botanic garden. It is near the « Canal du Midi » and near the metro stop « François Verdier ». This garden is the first park of plant in Toulouse, it has been created in 1730 by the science society. Thanks to Philippe Picot de Lapeyrouse, there were more than a hundred species of plant. Now there are lovely walks to do if you want to enjoy the variety of flowers and trees. You can also find a place in the shadow to rest or meet some ducks who lived there.

Thanks to a footbridge you can go to the garden of the great circle. It is a small park but there is a nice pavilion where musicians play music sometimes. You can also reach the royal garden thanks to another footbridge above the avenue. This is a typical French garden created by Louis de Mondran in 1754 and it is certified « remarkable garden of France ». There are lots of statues in this place. Those three places are a real green haven downtown.

An other park which is worth the journey is Compans Caffarelli Garden. It is near the metro stop of the same name, you can find there a pond, a pavilion, lots of statues and a very remarkable Japanese garden. This Japanese place is perfect place to be zen ! It was created in the XVIth century and it is still quiet and exotic with its characteristic bridge, pavilion, lanterns.

Some other places such as the Filter meadow are surprising by their beauty. This place for example offers a unique point of view on the Garonne. The « Canal du Midi » is also a perfect green place to have a refreshing walk.
The Capitole

Historically, The Capitole was built under demand of the Capitouls (governing magistrates) of Toulouse, who embarked on the construction of the original building in 1190, to provide a seat for the government of a province growing in wealth and influence. The name “Capitole” referred not only to the Roman Capitol but also to the capitulum which was the chapter of the governing magistrates. Formerly called the “Maison Commune”, it consisted of a larger set of buildings built and modified over the centuries. Today only remaining tower of archives or “Donjon” dating from the sixteenth century, the galleries of Henri IV courtyard of the seventeenth century, the facade of the town hall of the eighteenth century and the door of the Petit Consistory. Since more than 8 centuries, it’s the place of the municipal administration.

Today the Capitole houses the city hall, as well as the Théâtre du Capitole de Toulouse opera company and a symphony orchestra. The Salle des Illustres contains 19th century works of art. The Capitole Square is the centre of life and important events that punctuate the Toulouse life: weddings, meetings, concerts of the fête de la musique, ... It is also an emblem of the city where all Toulousains gathers to support our athletes at major events and where we celebrate them after a big victory.

Ground is the Occitan cross with lightings and the 12 astrological signs at the end of each of its points. For shopping lovers, it leads directly to the pedestrian streets and for lovers of architecture, it is a pleasure for the eyes. During the Christmas period, we can admire the beautiful decorations and enjoy the Capitole Market.

By Thomas Fragassi

The Cité de l’espace (City of Space)

The Cité de l’espace (City of Space) is a theme park focused on space and the conquest of space. It was opened in September 1997 and is located on the eastern outskirts of Toulouse, France. As of 2012, there had been more than 4 million visitors.

The City of Space offers you many possibilities. The whole place is very interesting with a lot of interactive display and it’s different from those boring exhibition/museum places. Never has it been so easy to set out to discover Space and the wonders of the Universe!

If you want discover actual spacecraft, admire treasure from spaces, train yourself like an astronaut, travel to the farthest reaches of the Cosmos, make it rain and shine or uncover the secrets of space, come visit the City of Space.

It is also possible to follow the space news thanks many 3D movies (IMAX), documentary and activities. To example, there is today a great display about last spacecraft flight next to Pluton, with magnificent shot and scientific statistics...

Moreover, it is very easy to come in the City of Space, from anywhere:

From downtown Toulouse, follow the signs for “Cité de l’Espace” or Castres (15 minutes).
From the Toulouse freeway, take exit 17 towards Montpellier
From Paris/Bordeaux, take exit 17 towards Montpellier.

What about the price?

The City of Space offers many reductions, for the families, the children, the students or the groups. The entrance fee includes all the activities on site, which it is quite a good price. It includes the IMAX and Planetarium. The displays are well presented with lots of great activities both for kids and adults to try out.

By Louis Hui
7am : I woke up in the train, going to Toulouse. As I can hear, we're getting out of Montauban... Too bad I couldn't do the whole trip in plane but they said we couldn't go to Toulouse by plane because of the weather. They told me that Toulouse is a nice city where it never rain. The fact that we couldn't get there by plane determined that it was a lie!

9am : Here we are, at less than 1km from Toulouse Matabiau, where we should finish the trip. The weird thing is that we stopped right before entering the city. When I asked why we stopped, a man said something like « encore une grève ».

11am : I finally managed to get off of the train. I understood that it seems to be regular with SNCF, those who are supposed to take care of them. I don't know where I am, I don't even have any map of the city to know where I should head to get that « Tisseo » thing. A nice women explained me that I will need a « carte pastel » to move easily in the city if I planned to stay long. She said that she should take the subway and go to « Jean Jaures » where I will be able to have this kind of pass for the transports.

12am : After barely 20 minutes waiting, they told me that I need some papers to get the « Carte Pastel ». I had trouble understanding all that the man said to me because he had an awful English and he spoke French all along. I think some of the N7 students may be able to help me, I'll ask for help as soon as I meet someone who talk english well enough.

12:30am : I'm a little hungry, I need to find my apartment. The paper says it's located at « Université Paul Sabatier », I have to ask someone how to get there. I saw a general store near Tisseo so I went in to do some shopping, in order to have enough food for the first few days of the week. When I finally paid, I asked the women to give me a « sac » as they say in France, but it seems that she doesn't know this word... She looked me as if I were a weirdo and asked me if I wanted a « poche », showing me what I thought was called a « sac ». France is getting stranger every hour, I think I'm going to have some problems learning french correctly.

2pm : I finally managed to get to my apartment. This was not so easy, it seems that all of the inhabitants of Toulouse don't know a single word of english ! When I first asked how could I go to university, they sent me in the very center of the city, in « capitol » saying me that the university was there. When I finally got there, I asked where were the university's apartments and the man laughed at me as if I was stupid then went away without helping me. I finally managed to find someone who helped me. When I showed her the paper for my apartment, she told me that the man indicated me the wrong university. She explained me that I had to take the undergroud « ligne B » at Jean Jaures and head to Ramonville then stop at the station named « Université Paul Sabatier ». When I got there, I only had to follow the plan given on the paper.

4pm : I was a little hungry so I went to a bakery hoping to eat something. I thought it was a good occasion to practice my french but apparently, I was wrong (or they taught me wrong things...). I went in and asked for a « pain au chocolat » but again, just like they did in the general store, it seems that the women don't even understand french. I finally showed her what I wanted and she asked me if I really wanted anything else with my « chocolatine »... Again, I think french will be very hard to learn. Another weird thing is the way that they pronounce some words, like « demain ». They say it's an accent, like when we hear a difference between australian and english when they talk.

8pm : Where am I ? It's not my apartment. And what is that smell surrounding me ? « You finally wake up ? ». I hear. I recognize him, he is a Team Godet member. « Was that your first BlackOut ? ». Yes, it was... I'm feeling sick and tired, but it was an awesome party. Making friend the hard way.

9am : I thank my host and leave the apartment, I have to go back at home. Once in the street I notice I forget to ask where to go, the door of the building is closed, I forget the name of my new friend and I don't have my phone. I guess I have to ask my way again...

11am : I'm in the subway, I'm still sick of the night. While I try to focus on not falling asleep I put my hands in my pockets and... Where are my keys ? I decide to go back at N7. But I'm not on the good track. The subway stopped at Jean Jaurès, I have to change of subway train, I'm not in the good direction. That subway station is really weird. After 15 minutes I finally reach the train that goes in the other direction.

12am : I go to the Foy', I ask at the bar if they found my keys. A guy with an orange shirt give it back to me, he is a member of the AE, the association of students. Before leaving the Foy' I met another member of Team Godet. He said I drank a lot yesterday. He was impressed that a freshman can handle so much drink. I take it as a compliment. I decide to stay at the Foy' this afternoon to rest a little and chat with people. I will sleep tonight.

8pm : I finally go back at home, I lay on my bed, close my eyes... « YEEAHHH ! » a crow cheers in the common room under mine. I go there to see what they are doing. They are watching the Rugby World Cup, France is playing, I guess i'm not going to sleep soon...
Movies in Toulouse

If you like movies there are many places where you can see them in Toulouse. And it’s not necessarily expensive, because in most of the cinemas we can use the student card to have an advantage prize.

Maybe the most famous cinemas are the two located in the downtown : The « UGC » and the « Gaumont » in Wilson’s square. They are really easy to access because they are near the subway station « Jean Jaurès » and they are at less than 10 minutes walk from ENSEEIHT. In these two cinemas we can see american or french blockbusters : comedy, thriller, cartoon ... With the student card you can have a ticket for 5 or 6 euros around. There are more and more films in English subtitle English or English subtitle French if you prefer to see them in the foreign language.

There are also smaller cinemas like the « Utopia ». It is situated in the Montardy street not away from the capitole place. This cinema is an art house cinema with many foreign films and films with a small production. From October 2nd to October 11th there here the Cinespana. It’s an event to celebrate the Spain’s culture. To do that there are some Spain movies during this week. In general you can buy a ticket for 6,50 euros.

An other place to see movie is the « Cinéma-thèque » . It’s located in the Taur street. This cinema is also an art home cinema. In this one you can also see movie in open-air during the summer. They organize meeting with films makers. They also do « cinema-concert » with a ticket for a movie an a concert. You can have one ticket with the student card for 6 euros.

They are others cinemas in toulouse where you can see good movies : for example « le cratère », « ABC » or « Utopia Tournefeuille » for art home cinema and « CGR Blagnac » or « Gaumont Labège » for blockbusters.

The Hidden Treasure Of Tolosa

Once upon a time, there was three students from ENSEEIHT, Serena, Joe and Paul who heard about a myth concerning the school. This myth states that there is a hidden treasure in the Roman city Tolosa dating from the fourth century and is actually buried under a school in Toulouse. They got all enthusiastic and excited about this, so they decided to go looking for this treasure.

Trying to collect all peace of information about this myth, Serena and Paul started searching in old archaeological books written by archaeological at the time, while Joe was desperately seeking for all kind of details on the Internet. After days of unstopped researches, they found a picture of a very old map in one of the books they were reading, they believed that this map will irrevocably lead them to the mysterious hidden treasure.

The author of the book indicated that the map is conserved in a the wardrobe of the director’s office of the first school of Tolosa, this school is know now as ENSEEIHT.

Getting all the information needed, they attended the Friday night party organized in the FOY ENSEEIHT to sneak in the director’s office . Once they got the map, they opened it and they followed the itinerary to get in the right place. They faced a lot of difficulties to read the map, but fortunately, «Canal de midi» and «La garonne» oriented them, and finally they arrived to the place indicated in the map where they found an ancient huge wall. After few minutes of staring at the giant wall, Serena pushed a stone and immediately a little hole appeared. This hole had the same form as an ancient object they saw in the wardrobe. Joe returned back to get the ancient object and they put it to fill the hole. Suddenly a big door opened , once they got inside, they felt a weird power absorbing them and the door closed behind them. After some looks of astonishments and moments of panic, they heard a loud voice in the room, presenting himself as the guardian of Tolosa’s treasure.

They felt that strange spirits sneaked among them and a treasure chest appeared behind the fog. The voice explained to them that only a pure Tolosa Romanian’s blood can open the chest. The guardian also warned them that in case of a failure, each one of them will be trapped in a dream facing their worst fears and the only way to escape is to overcome those fears or they will stay there forever. Joe is from Toulouse and said that his ancestors are also from Toulouse. This made them believe that Joe is a Romanian from Tolosa, but is his blood totally pure ? As they are determined they, Joe put his finger on the sharp needle of the treasure chest. Then the ground started shaking and the guardian announced that the blood wasn’t pure enough. Unfortunately Sarena, Joe and Paul got trapped in their worst nightmare.

The next morning, one of ENSEEIHT’s security agent found the ancient object next to the ancient closed wall and a breach in the director’s office made them believe that a thief has stolen the treasure map and forgot the ancient object. One day Sarena, Joe or Paul will overcame their fears and will get out to tell this story to the world, so we have to be patient and believe in their strength.
Hello my friends! We are students from N7 in 2A TR, and we wrote this article to give you a hand, because we want you to spend the best year of your student’s life. We give you the best places to go in order to share a beer, do sport, restaurants…

I hope you will do a barathon with your friends, and after you had a drink, grab a bite in the best restaurants! Follow the article and discover them thanks to François.

Now that you have resolved, thanks to Guillaume, your need of beer and others drinks, let me fill your stomach. I spend two months in a foreign country and I know how hard it is to find something that suits your taste. Fear not, you won’t starve in Toulouse, let me help you out.

The first place would be the RU (restaurant universitaire) from the school. Most students don’t really like this place, it’s good enough when you need to quickly eat during the day and don’t have much time to go to a better place. The good point is that it’s cheap and on the school ground.

If you are looking for snacks and fast food, you can find them everywhere. Mc Donalds and Quick are everywhere in the city, for example on the Capitol’s square and Wilson square. Then you have Yard and Burger&Co where you will find delicious burger not far from the school. Want a pizza? Sure go to the allée JeanJaurès, you will have enough of it.

If you want to try a bit of the traditional food from Toulouse? Go to la Maison du Cassoulet, it’s near JeanJaurès subway station and it’s really good. In the case you want to eat some exotics food, you will certainly find your pleasure in the restaurant El Chivito, it’s near Capitol’s square and you will find some delicious South America meals there. But if you just want to eat some classical French meal, then try the Florida, it’s near the Capitol, so near that you will have a nice view on the Capitol (in fact you are on the Capitol’s square). Well you may find it a bit costly but I assure you it’s worth it.

I am sure some of you can cook and are good cook. In Toulouse you have a lot of places to do your one’s shopping, you will find there fresh vegetables, fruits and others things. Depending where you live, I suggest you to go to the market St Aubin, it’s in front of the church near the school, it’s good and cheap.

On the place des Carmes you will find a really nice market hall with vegetables, fruits, meats and more, it’s a bit more expensive but worth the try. And if you want to get an eyeful, pay a visit to the market Victor Hugo on the Victor Hugo square, with an hundred stalls it’s really interesting to see.

In the next part my friend Franck will tell you where to go to do sport and listen to some good music.

Thank you François, here Franck! You may want to be healthy and do some sport, and you’re right! N7 gives you access to its own clubs:

BreakDance, FightClub, PomPom Girls (and Boys), Stackline, Tennis, Rock, Salsa, Women’s football, Tango and Running.

They are managed by N7 students, so it’s very friendly, and most of them are localized inside our school.

and also INP clubs:

Football, Handball, Ski, Climbing, Aviation, Diving, Rugby, Basket, Sail, US Football, Paragliding, Thrills, Roller, Horse Riding

This is almost free. These installations are in Labege, in the south, and it tooks near 40 minutes to go there by subway and buses, so, if you don’t have a car (which is very possible), it can disgust you. Don’t worry! Toulouse is full of clubs of various sports, and you can see on GoogleMaps™ where are the nearest club you’re interested in. Nevertheless, it will not be free this time, but you can have some student price, so try it and see.

Now, if you want see some real sport, it will be Rugby mostly, and football, but the Toulouse football club isn’t very prestigious compared to the Toulouse Rugby club, the famous Stade Toulousain! They have both their own stadium, it will be easy for you to go there and buy some tickets.

Now, music! The first address to hear good music and some new concert is the Bikini, they have always new artists in their concert hall, and it’s not so expensive. More classical, you have the Zenith, where more famous groups come, and finally, if you want to drink your beer with unknowns artists, go to the Saint des Seins, the bar that my friend Guillaume have shown you previously.

As a conclusion, we can say that… nah, this is not a dissertation, we don’t need a conclusion as you already stopped reading a long time ago, so, for the last person who read this: Welcome to Toulouse, and have fun!

By KOTARBA Guillaume, NAL François and METIER Franck
The 3 seasons in Toulouse

Autumn
By Rémi Bossut

Autumn in Toulouse is a good season, if there is not so much rain. The weather is not to cold yet, but no longer hot, so it is the perfect time for a walk. There are a lot of places where you can go for this. The hill of Pech David, near Rangueil, is a big and beautiful green space overhanging the Garonne, where you can find the hiking trail ‘GR 653’. If there are no clouds, you will have a nice view on Pyrénées here, and by night, you may gaze upon the beauty of Toulouse and its lights.

As leaves are falling down, ‘Le Canal du Midi’ is a sweet place to appreciate the nature in the middle of the city. You can come here for a simple walk but also to ride your bicycle or run side by side with the houseboat.

Talking about running, Toulouse’s marathon is usually organised at the end of October. This is a good occasion to celebrate sport, and runners will need encouragement during their trip through the city.

Autumn is also the go-back-to-school season, and once gathered with your student friends, you will want to go out some nights. St Pierre square is a good place to drink some beer in one of the pubs and enjoy one of the little concerts often taking place here. And if you love music, the Zenith is a place where famous bands perform when they are in Toulouse.

That’s all for autumn, I let my colleague tell you what you have to know about winter in Toulouse.

Winter
By Boeglin Nathan

Come winter, you might feel discouraged to perform outdoors activities. Don’t worry though, Toulouse is resourceful enough to provide enough to endure winter without being left cold. For instance, you could go see a play at the Théâtre National de Toulouse or the cheaper Théâtre du Grand Rond, or a movie at the Gaumont Wilson, the three of them being just a few streets away from the school. On top of that, the calendar in Toulouse is always quite busy in winter: around Christmas, you could go for a walk at the Capitol to see the renowned Christmas markets held on the square, and rejoice at the sight of the Christmas lightings illuminating the streets.

The ENSEEIHT’s students that are fond of winter sports have the chance to depart for a week in the Alps during January – an event organized by the Student Council. Moreover, the adjoining Pyrenees are always a popular pick to spend a weekend on, whether it would be to ski on or – for the most reckless amongst you – hike on. And if all else fails, you can still enjoy the snug atmosphere of a small café in winter.

Spring
By Victor Bres

Good bye grey winter and hello sunny spring! Time to get out as it is getting hotter, there are lots of parks and gardens to chill out, like the « Prairie des Filtres », alongside the Garonne, or the « Jardin des Plantes », closer to N7. The Japanese Garden near Compans is a specially peaceful place. It is also a good time to visit Toulouse’s monuments like the Capitole or the St-Etienne cathedral: on squares there are a lot of café with terrace.

And don’t miss the Toulouse Carnival, which usually happens in April, with the parade crossing the whole city. And if you feel sporty, why not going to the Stadium and supporting the local rugby team?

Then, summer approaches and most N7 students have to work in internship. However, if you are lucky enough to have some vacation in Toulouse (or if you’re so unlucky that you have to repeat a year), well the beach is not that far! Maybe you can even afford a trip to Barcelona, the cosmopolitan and colourful city.

Brazilian students in France: The cultural shock

Brazil is commonly known for its warm weather and fun environment. Two things that Brazilian students often miss, coming in Toulouse and in France in general. The cultural differences between the two countries are rather great. So, it is surely interesting to shed light on those differences.

In Brazil, Students often have classes in the afternoon and later in the evening so most days they would spend the morning doing errands and homework, go to class and would hang out with their friends in the evening. While in France, students have usually classes between 8 am and 6 pm which can therefore be uncomfortable at the beginning for Brazilian students. And that is just the tip of the iceberg! When you belong to a certain culture you think that the way you have learned to behave in social life is THE norm, that it can not be otherwise. Well, that is for sure one wrong way to approach things and it doesn’t take long to realise this when you try to integrate in a completely different society especially when the extent of formality you should take into consideration when interacting with people varies a lot. And that is the case for Brazilian students coming to study in France. French people are more reserved and discreet especially when meeting someone for the first time which can be really frustrating for Brazilians who are used to be friendly and open to people very quickly.

And what enlarges the gap more is important culinary differences between the two countries. While rice is a staple food in the Brazilian diet, French people don’t eat rice.

Cultural differences are maybe uncomfortable at first but they sure push individuals to be more open and discover the world they live in with new eyes. As huge as the differences between the the Brazilian and the French culture as rewarding and enriching it would be for both parts to indulge in the adventure of stepping outside each one’s comfort zone to be open and meet the other.

By Sofia El Khamili, Nidal Khamrou, Moham med Elmehdi, Ezghari Mohamed Gharboubi and Mehdi
The Aeronautics in Toulouse (Midi-Pyrénées)

If you believe you can fly, then congratulations! You have just landed in the right place! Toulouse is definitely the wonderland for aircraft fanatics. Not only is it the European capital of aeronautics thanks to its many aerospace companies, but it also holds many entertaining activities turning around aerospace. We have collected in this article various information you may need during your sejour in Toulouse. So stay up, because you don’t have time to fall!

Study

You can study what ever you want, the engineering schools of Toulouse will offer you a panel of aeronautics teaching bigger that you can guess and with the best aeronautics professors.

You want to know how to pilot a plane? Well, go to ENAC (École nationale de l’aviation civile) and you will feel like the first pionneers of aviation. You want to discover why a plane can fly and how to build it? So, ISAE (Institut supérieur de l’aéronautique et de l’espace) is for you. There, you will found the way to become one of them. ISAE and ENSEEIHT...

ENSEEIHT (École nationale supérieure d’électrotechnique, d’électronique, d’informatique, d’hydraulique et des télécommunications) will welcomes you. Besides, if you think that you don’t work enough, you have the possibility to do a double degree in space communications or embedded systems in ISAE and ENSEEIHT.

All this schools enjoys very good relations with the local companies and you will found easily the internship who will guess and maybe your future job...

Job

It is obvious that if you want to work in this field, you will easily find a job. In fact, Midi-Pyrénées is the cradle of Aeronautics. For instance, the head office of Airbus, ATR et Daher-Socata are in this region and they are not alone. Did you know that 800 companies are implemented in Midi-Pyrénées? This represents more than 1/4 of the workforce in this field.

Whether you are an informatical or an electronical engineer, those jobs will be very affordable for you if you are interested in the field of aeronautics. This is the diversity of the technologies used in the aircrafts that makes the aircraft manufacturers as well known as they currently are.

So, the main advantage of working in this field in Toulouse is the number of opportunities! As all the jobs are represented, from the assembler to the engineer, you will find the job which corresponds you. So don’t worry, if you want to work in aeronautics, you will find your happiness!

There is not only the possibility of finding a job, but in Toulouse you can also improve your aeronautics culture!

Museum, hobbies etc.

Needless to say that, if Toulouse is the most important aeronautical city in France, the aeronautics history is also one of the richest. The aircraft industry and aircraft manufacturers, such as Airbus for example, contributed to the glory and the famous of this world-renowned city. Would you believe that some association like Ailes Anciennes Toulouse enables visitors to do the sights of almost fifty planes since its foundation in 1980. Many of these planes are also available at the Aeroscopia museum, which has been very recently built as it turns out that you can visit it since the 14th January, 2015. Dozen of famous planes can be found like the mythical Concorde, and even the Falcon 10.

La cité de l’espace has many times been rewarded for the educational side of their presentations. More than 5 million visitors has already been to there in 17 years. Will you be one of them? We truly hope that you will be one of them. If you are keen on aeronautics, you can meet people at the Air INP association, in which you will not only learn a lot about the technologies that will be exposed, but you will also have the opportunity to fly and pilot many aircrafts such as microlight, for real.

Otherwise, if flying does not interest you as much as aeronautical engineering, you also will be in a position that grants you the ability to learn many things on this subject as you will be able to visit huge firms as Airbus and schools as Supaero.

We hope that this article was of great benefit to you. The aeronautical field of Toulouse is only waiting for you. Please enjoy being in this city of opportunities and don’t forget to enjoy your time as ENSEEIHT has many other clubs and activities! We are so happy to welcome you and help you whenever you need!

For more information, you can check the sources:

http://www.midipyrenees.eco.fr/-Aeronautique-.html
https://fr.wikipedia.org/wiki/Aeroscopia_Appareils_expos%C3%A9s_C3A9s
https://fr.wikipedia.org/wiki/C%C3%A9dex_e_l’espace
http://www.ensseeih.fr/fr/formation.html
http://www.enac.fr/
http://www.isae.fr/

By Thomas Mordant, Hassen Makni and Laurent Mondieg
Bons Plans in Toulouse

Toulouse was declared as “la première ville étudiante de France” : The city with the higher number of students in France. As a new student in Toulouse, you may need to know the good places to spend time in “la ville rose” : the pink city. Alone or not, Toulouse offers you a great atmosphere to make your journey amazing. It will also make you wish you can be a student for the rest of your life. In this document, we will present to you a list of 26 tips for a new student in Toulouse. 26 ? does it mean anything to you ? yeeaaaah ! of course. A B C D E F ... Okay, now stop singing and discover Toulouse new girls, new boys.

A : - Auchan : is a supermarket, and a it’s the cheapest one. Unless you are so rich, this is gonna be your home every Saturday. Mohamed

B : - Booling .

C : - Chocolatine : chocolate croissant it’s very known in Toulouse - Chocolatine, remember ! not “pain au chocolat”. Café populaire : you can just call it “café pop”, it’s not so expensive and you can meet a lot of people there. Mehdi

D :

E : - The Eldorado : If you like latine music and dance you should be there ! Mohamed

F : - Foyer de l’N7 : https://www.youtube.com/watch?v=TONGRsN7H6I

G : - la Garonne : a great view ! a lot of students are there. So, alone or with yours friends you are going to enjoy it. Just take your beers and go there. Mehdi and Mohamed

H : - Huma7 : please please please, help us :) . Mohamed

I : - Irish bars : everything is green ! Mehdi

J : - Jardins Japonais : if one day you need peace and relax, just go there you’ll find it. Mohamed

K : - the Kalinka : If you like to drink and watch something in the same time, you should be there. Mohamed

L : - Labit museum : it’s dedicated to the Far-Eastern and Egyptian civi- lizations. Mohamed

M : - Mosque : If you are a muslim, there are Mosques in France. Basso Cambo is the biggest one. Mehdi

N : - The Nastrodia : If you want to discover a russian ambiance one day ... Mohamed

O : - O’Chiken cheese : the best Kebab you’ll ever eat. Mehdi

P : - Patinoire : It’s in rangueil, there are also a lot sport installations there. Mohamed

Q : -

R : - La Ramée lake : If you want to do a barbe- cue with your band. You can find all the stuff to spend a great sunny day. Mehdi

S : - St Pierre : well, go there ! and if you remember something, just tell me. Mehdi

T : - TFC : It’s not a good football team, but if you like this sport you can watch a PSG or OL. You’ll see ZLATAAAAN just go ! Mehdi

V : - Vélib : You find the subway so boring, take a bike and try a new thing. Mohamed

W : - Tell us if you discover it.

X : - Tell us if you discover it.

Y : - Tell us if you discover it.

Z : - Zoo African Safari : Well, there is a part of Africa in Toulouse. Mohamed

by Mohamed : after all,we didn’t present all the beautiful place in toulouse because even us and after a long year of studies we are still discovering this city, and we still meet a new people, dear student you should know if you want to have a good time you should find a good company then everything will be easy and i am sure that you will remember every second you spend with your friends, just try to be cool and funny and ignore every problem about you origine or your culture, because after all we are a students and we should enjoy this moment.

Dealing with the culture shock in France

Nowadays , France is very known by it’s interesting universities and engineering schools , students from around the world do their best to get admitted in these establishment . However , one in france the majority of foreigners student face a cultural shock if they are not prepared to accept change , specially for those who are so far away from france and all they know is some stereotypes . In this article we are going to talk about chinese and brazilian students because their number in ENSEEIHT is increasing each year , so they need some help :) .

Chinese student in France :

if you are chinese don’t worry , we already know some problems you will probably face during your first days at school , that’s why we are going to try comparing a day at school in France and in China .

we will begin by comparing sleeping habits : Starting with France, it is much like other European countries and North American countries. It is always necessary to get up at a certain time to either get to school. Most people wake up between 6 and 8 on a weekday and go to bed from anywhere between 10 to 1 in the morning. In these cultures a lot of people also enjoy sleeping in when they can, in fact it is a common thing to sleep in if you get the chance. however, once we compare this to the chinese sleeping habits, we see some major differences. In chinese culture, sleeping is in often considered lazy, and makes you an unproductive person. most people in china will get up around 6 or earlier, even on days where they do not need to.

After getting enough sleep we are going to talk about breakfast habits in china and France .

As a matter of fact , As China is made up of many distinct provinces each with their own unique cuisine, breakfast in China can vary significantly from province to province. In general, basic choices include sweet or salty pancakes, soup, deep fried bread sticks or doughnuts , buns , porridge , and fried or soup-based noodles. These options are often accompanied by tea or sweetened soy bean milk .

However, condiments for porridge and the soup base tend to vary between provinces and regions. The types of teas that are served and spices that are used can also differ significantly between the provinces. However In France, a typical domestic breakfast consists of a cup of coffee, often , or hot chocolate , sometimes accompanied by a glass of orange or grapefruit juice. The main food consists of sweet products such as tartines (slices of baguette or other breads spread with butter, jam or chocolate paste), sometimes dunked in the hot drink. Brioches and other pastries such as croissant, pains au chocolat (chocola- tine) and pains aux raisins are also traditional, but more of a weekend special treat Other products such as breakfast cereals, fruit compote and yogurt are becoming increasingly common as part of the meal. A traditional French breakfast does not include any savory product, but breakfast buffets in hotels often include ham, cheese and eggs.

Thank you for your time and hopefully this has provided some insights on the cultural differences and similarities between France and China.
Discover another vision of France: Cahors, a town of Midi-Pyrénées

Cahors is the biggest the department of Lot (46), and near Toulouse. The number of habitants is around 20,000, and are named by Cadurciens. It’s an historical capital of the Quercy, and so we can find interesting monuments. This town have known many historical periods, it was an important city.

For exemple, you must visite the ‘Pont Valentré’, one of the most famous historical bridge of France, the source of the Lot river ‘La Chartruese’, the Barbican, the ‘Tour des Pendus’, the ‘Eglise Saint-Barthélemy’, the ‘Palais Duèze’, the ‘Collège Pélegry’, the ‘Maison Quéval’, the ‘Cathédrale Saint-Étienne’....

The specialites are the wine, the foie gras, the duck sausage, confit duck, cheeses like the rocamadour... You can taste wines at the Atrium of Cahors like the Cahors Malbec, they are cultivated in the countryside around Cahors, the cheese rocamadour is from another town of the Department, Rocamadour. Moreover, we can see some ducks on the Lot, the river.

For me, a good and cheap restaurant is the ‘Bureau’ on the Gambetta Boulevard, the principal avenue of Cahors. But you don’t have many specialities of Cahors. Else, we have the ‘Bordeaux’, another cheap restaurant, with some meals from Cahors. We can find many others restaurants in Cahors or in all the Department, more expensive, but better.

You can find tranquility in this town with the water of the river, the monuments, the population calm, parks and green spaces. But we have also some activities like:
- Regional Amateur Theatre Festival every year in May
- “Faces of the World” festival (multidisciplinary), each year in May
- Festival “Cahors June Gardens” (multidisciplinary), every year in June
- “Lot of Flavors” the first weekend of July Festival (food) every year
- “Cahors Blues Festival” every year in July
- “The Contemporary traces” Festival (dance), every year in July
- “Cahors beach” every year from mid-July to mid-August
- Illuminations of Pont Valentré each year from mid-July to mid-August
- “International Urban Trial”, every year in August

This events are essentially during the summer, the best period for the tourists. Personally, I love the Cahors Blues Festival, because we have many interesting artists who come to Cahors. We can listen to Blues, Rock, Soul...

So, to conclude, if you come to Cahors, a day, you must visite the ‘Pont Valentré’ and ‘La Chartruese’, maybe take the little train to visit all the monuments, taste specialites, be relax, and enjoy activities.

By Genot Aurélien
Eugène Viollet le Duc was finally of the Pyrenees. The architect cance in 1659, after the Treaty tion then lost its military signifi -
wers long double surrounding wall

day at Carcassonne. For that you

Citadel sheltered by a 3 kilome-

For sure, there is a lot to see, do, taste and drink in the Cité. Howe-

Give the location of the city, you
can choose: Cassoulet, magret de ca-

The Guide to GEA

Welcome to the GEA department. You made the right choice! Indeed the engineer specialised in Electric-

open subjects such as Information Technology or Electromagnetic Energy Conversion. Mostly these BE are made in pair on a comput-
er. Choose well your partner!

Then you have EXAM. You may already know what exams are about. Plainly said, these are mar-
ted TD or TP, but without any help from students or professors. You get a mark on every subject you have and your pass mark must be
above 10 to succeed your session in ENSEEIH. But don’t worry, if you study well it will be a piece of
cake!

Please don’t hesitate to ask other students to help you to fit in and get a mark on every subject you have and your pass mark must be above 10 to succeed your session in ENSEEIH. But don’t worry, if you study well it will be a piece of cake!

The formation can open a lot of profession in transport (plane, train, boat, car), energy distribution, motor design...

ENSEEIH is a really pleasant school to study in. It is in central Toulouse, next to the “canal du midi”.

ENSEEIH is composed of 6 bati-

H1.

- Bat C: Library, IT and languages classes.
- Bat D (Radio Tower): Students clubs.
- Bat E: Laboratories.
- Bat F: Restaurant, department administration, laboratories.

But maybe once you’ll be used to Toulouse, you’d want to see another city. Why not spend a weekend in Paris ? City of love, city of light, beloved city of tourists from everywhere around the world.

You can reach it from Toulouse by five hours and a half of train (from Matabiau to Montparnasse) or by one hour and a half of plane (from Blagnac to CharlesdeGaulle/Orly). At first, it might seems to you like costing an arm and leg but you won’t find yourself disappointed.

The Engineer specialised in Electrical Engineering (B008) or about Auto-

- Bat A: Amphitheaters, school ad-

- Bat B: TP and TD classrooms, the bigger amphitheaters of ENSEEI-

- Bat C: Library, IT and languages
classes.
- Bat D (Radio Tower): Students clubs.
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Choose well your partner!

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ENSEEIH is composed of 6 bati-

H1.
Did you know who built the canal du midi ?

Soooooo!! Be sure that YOU have the answer.

Well! It’s Pierre Paul Riquet. I told you that you had the answer :)

Paul Riquet : The Man

Pierre-Paul Riquet, Baron of Bonrepos, was born in Beziers in 1604. He was responsible for collecting taxes on salt, and thus gathered a considerable fortune. It was this fortune that enabled the Canal to be built. Riquet's obsession and vision led him to invest the latter part of his life in a project that left its mark on his life and on the landscape and economy of France. All the end of his life he planned the construction of the canal du midi. Its banks were lined with 45,000 trees and 328 works of art. The construction of a new Canal between the Rhone and Sete in 1829 and the Lateral Canal in the Garonne in 1856, created the final links between the Atlantic and the Mediterranean. Pierre-Paul Riquet died in Toulouse on 1 October 1680. He was buried in Saint-Etienne cathedral, Toulouse.

Where did the water come from?
Riquet harnessed the water from the Orb river in the Black Mountains, a difficult river to control, as flooding made boat crossings dangerous. In 1857 a bridge was built allowing the Canal to cross the river. This engineering project delayed progress, as the canal had to be diverted from its course at the Ecluses de Fonseranes and a deep lock constructed beyond the bridge, to regain the level of the canal. A new port was then built (Port Neuf). Finally the Canal bridge was completed in 1858, and the Canal was able to cross the Orb in all weather and seasons.

How did Riquet fill the Canal?
Water was stored at the Saint Ferreol dam which is half-way along the canal, where the height of the land creates a peak from which water can be fed in the direction of East or West.

Motivation for building the Canal?
Many would say that his passion to construct a navigable canal linking the Atlantic Ocean and the Mediterranean was a product of his attributes: his curiosity towards science, his personal ambition to leave his mark in history and his respect for the world of finance.

Who really was Pierre Paul Riquet?
This man had many exceptional qualities: endowed with a fantastic imagination, bold, enthusiastic as well as being acutely observant. He had great confidence in his own judgement. He had a pronounced business sense as well as having a strong determination in the way he tackled work. His spontaneity and openness were assets throughout his life. He was first of all a businessman, respectful of the law. His wisdom and his kindness helped to oppose his detractors. He never sought to share responsibilities but always took on his engagements alone.

What after Riquet?
In 1684 Sebastian le Prestere, Seignor de Vauban, General Commissioner of the Kingdom Fortifications is invited by the sons of Riquet to visit the canal. Very appreciative of the oeuvre that he sees Vauban declares that the canal is "the most noble and the most beautiful work of this kind he has ever seen". He also suggests some enhancements that he delegates to the engineer Antoine de Niquet – Director of the Fortifications of Languedoc and Provence. Vauban mains contribution consists in elongating by 7 km of the "La Rigole de la Montagne" to prevent the seasonal differences in water debit of the Saint Ferréol Lake and also in changing of some of the crossings between the canal and the rivers it encounters to the "canal-bridge" system that Riquet invented but did not have time to implement but in the crossing of the Répudre river close to Paraza village.

By Meriem Rezgui

Do it like the Romans
In October 1666, it has been month that experts are looking after a project. From Toulouse to Sète, the king's engineers examine a path designed by Pierre-Paul Riquet. Colbert wonders. This is a costly project, in an instable region, religiously speaking. But Louis-Nicolas de Clerville, military engineer and friend of his, believes in it and sees an occasion to improve the prestige of France while strengthening the Royal Power.

Two hundred and forty one kilometers, that costs seventeen millions of livres (that would be about five billions euros) for twelve thousands workers over fourteen years: those are the numbers Colbert is about to accept, even if predictions are unclear at the moment.

At the same time, Pierre-Paul Riquet is febrile: what he is going to face goes way over the knowledge acquired until this very day. Hydraulics are far from mastered and Riquet is not a canal expert. But he has a good vision of the whole region: he knows how to bring hundreds of kilometers of water. He'll use the Black Moutain, a 600 meters high plateau well water supplied, with lakes and rivers. The project starts in 1667, with the digging of what will become dams and reservoirs for the canal. Few days later, an other work group put the first stone of the canal, in Toulouse.

Ongoing difficulties

The first years are marked by several problems: as Pierre-Paul Riquet's project is empiric, thus makes it far from perfect. Building locks (those which allow to go up-river by filling it with water) and digging a massive trench is nothing engineers can't handle but choosing the final path keeps them busy until 1671. One challenge is to build bridges of water above water: for example, the canal has to go through the river Hérault (picture). However, bits after bits, the canal construction go further.

In 1681, the last part is built in Béziers, starting a flourishing trade through the region.

Still active today, the canal is an emblematic part of life in Toulouse.

Discover the Canal du Midi

Firstly, the Canal is an amazing human construction. Well-known for the quality of the engineering labour, nowadays the Canal du Midi is famous for its beauty and all the activities you can do around. So, what don't you try one? Here is a description of some of them.

Let's start with a « promenade » along the canal.

Whether you are athletic or not, you will be surprised by the Canal. Ducks, birds and flore will be even more beautiful if you walk in the morning. So take on your shoes, and walk along when the city is still sleeping! If you prefer, you can rent a « velo toulouse* » for a few euros. If you want to go further, you can also rent specifical bikes for a big « balade » of hundreds kilometers around Toulouse. A piece of nature in the city, the embankments are relaxing and easy to access. Feel free to try!

Leaving the ground, go on water!

What about tasting « la bonne bouffe du Sud-Ouest » while visiting Toulouse? Isn't it marvellous? Even more, it's on onboard! So try it with « l'Occitania », you will visit little harbours circling Toulouse, and eat on a beautiful room on a boat. If you want more, you can leave Toulouse by renting a boat easily without a boat licence. You will enjoy the other part of the Canal, which will surprise you for sure.

My suggestion

Rent a « Velo Toulouse » from the ENSEEIHT and ride to the south till le « Port du Sud » in Ramonville. It takes about one afternoon, really cute balade and if you are too tired you can come back by metro.

By Clément Patteimbert
If you want to visit the « Côte d'Azur », you should go to Cannes, Antibes, Juan-Les-Pins, Nice. Cannes is internationally known for his Movie Festival where the biggest stars of the world come during ten days in May. It's better to visit these cities during summer or spring. You can go there by train or by covoiturage (you can check on blablacar.fr). Once you get there, you can sleep in a youth hostel, it is cheaper than a hotel.

If you want to move from a city to another, you can easily use the bus, because taxi in France is very expensive. But I suggest you to move only between Juan-Les-Pins, Antibes and Cannes, I personally dislike Nice because the organization of the city is not really good and the population isn't the kindest of France.

There are good restaurants there: the restaurants on « La Croisette » in Cannes, which is the main avenue of the city. Or you can eat sushi at Planet Sushi in Cannes or at Sushi Shop in Antibes. Those cities are very touristic so you will be able to find many little restaurants when you walk in the streets. Moreover, there is a restaurant which do one of the best pizzas in France, it's called « La pizza d'or » in Antibes but you must reserve a table one week before you go because many people want to eat there. I personally loved the « Grand Café » in Cannes on the « Croisette » because you can eat a « burger au foie gras » which have a really good taste.

You can go to the beach in Juan-Les-Pins or Cannes, which have nice beaches but there are often many people.

During the day, you can go for a walk on La Croisette in Cannes, which is stuck to the beach, or on « La promenade des Anglais » in Nice, which is also stuck to the beach. You can also do some shopping in Cannes, Rue d'Antibes.

You can also go to Cannes during the Movie Festival which is in May (11 to 22 May 2016), but you must reserve your hotel a long time before your trip, because there are many people who go there during the Festival. If you go there during the summer holidays, you will also be able to see the Pyrotechnic Festival which is wonderful. Or the Pantiero Festival which is a music festival which take place on the roof of the Palais. Moreover, during the summer holidays, there are the « Plages Electro » which is a music festival on the beach of Cannes. You should also go to MarineLand in Antibes which is an aquatic park with many animals like sharks, dolphins and orcs.

You can go to a bar/pub, you will find one in many places of these cities. Particularly on the « Croisette » in Cannes or Boulevard d’Aguillon in Antibes or in Juan-Les-Pins.

If you want to go out for the night, you have many nightclubs in Juan-Les-Pins, in Cannes and in Nice. But it's very expansive to buy a bottle in those clubs, so what all the students do is to buy a drink in a supermarket and then drink it with your friends on the beach, you will see many people doing that too. There are good nightclubs, for example : Les Marches (Cannes), Le Gotha (only open during summer, in Cannes), Le Baoli (Cannes), Le Kiss (Juan-Les-Pins), Le Village (Juan-Les-Pins), Le High Club (Nice), etc.. You can also go to the casino if you want, the casino of the Palais in Cannes is beautiful and you can go into it for free.

You can also go to a bar/pub, you will find one in many places of these cities. Particularly on the « Croisette » in Cannes or Boulevard d’Aguillon in Antibes or in Juan-Les-Pins.

Auch is the largest town with fifty thousand inhabitants but it's quite an exception because the Gers is very rural. The majority of towns in my department are villages of five hundred people. But there is a good point in getting that much villages. In summer each village's party planning committee are organizing a party which last from Friday to Sunday. They start with the feria of Vic for Pentecôte, called Pente-côte à Vic, but more known as Pentecuite.

Also, during the feria there is a corrida. The entrance costs about thirty euros.

But the Gers is also known for his food. It's the first producer of foie gras which is very tasty. But also a large variety of recipe with duck like the magret de canard.

Gers is one of the French departments. It's a rural setting close to Toulouse. You can come by car in Auch, the capital city of the department, by forty five minutes. You can also come by train for only one hour and it costs only 10 euros.

And for the rest of the year, it is still possible to discover the whole department by walking and camping.
Journey to Brittany

Brittany is not the simplest place to go if you live in Toulouse but it is worth going out of your way to see. In fact, plane is a little bit expensive, train is way too long so it would be wiser to travel by car pool. Once arrived, you might be disappointed by the climate but you will not be by the landscape, the people or the food!

First you can start with the Mont Saint Michel. It is an old town build on a rock that you can only access when the sea is not too high. There, you can climb to the top of the village and admire a panoramic view of the bay. Besides, you must not miss the oysters. They are the best you can find in Brittany and you are assured to find good quality at a reasonable price. You can served your oysters with a garlic sauce, a slice of lemon and a French white wine.

Then you can visit Saint Malo, a city known for its port and battlements. If you are hungry you will find a lot of “créperie” where “galettes” are served. It is the specialty from the east of Brittany. It is little bit like a pancake but less thick and it can be salted or sugary. You can put whatever you want in it and most restaurant will offer you many choices, however a true Breton will always prefer the classic ones. For example, the one with an egg, some ham, mushrooms a little bit of butter and some leaves of salad. If you enjoy football you can find another sort of “galette” called “galette saucisse”. It is a sort of hot-dog well appreciate by the Breton football fans.

If you want to go to the west of Brittany, you must visit the coast. There, you can admire the cliffs and the lighthouses flood by the waves. Concerning the food, you should tastes the cakes, especially the “kouign-amann” and the “phare-breton”. There are a bit greasy but very good.

Basque country

The basque country is a really beautiful place in France. The landscape is vary, we find the ocean and greatest surf spots of Europe and as well mountains, a part of the Pyrénnées. If you want to go to the basque country, I suggest you to take your car. If you do not have your own car, it is difficult to travel between the towns except in the BAB ; which mean the agglomeration of three of the tallest cities of the basque country : Bayonne, Anglet and Biarritz. The travel from Toulouse to Bayonne cost only 10€. Before you go, you must also see the forecast before planning a week end in this region because the basque country is one of the rainiest region of France. But in summer, it hardly rains.

The basque country is a land of strong traditions. Basque culture is everywhere in basque country. For instance the legend says that in all the towns of basque country, we find a fronton. Fronton is a place where we can practice different sports:

- Chistera-
- Pala-

The basque music is also very important. There is a lot of bandas and choirs.

- Txalaparta-
- Txistu-
- Basque choir-

But, what is very impressive in the basque country, it is the architecture. There is a unity in Basque architecture.

By Thomas Ferrasse-Palé, Fidèle Thomas, Helaine Corentin and Félix Gallego
In this summer holiday, I decided to have a coffee at my favourite place in Toulouse the Capitole. Since, I've arrived from Germany, I liked to walk around Toulouse during a sunny day. The pink colour gives the city a happy atmosphere. Moreover, it's small enough to do almost everything by walking. As I sat at the coffee and ordered a black coffee with milk, I looked at the Capitole. It's a rectangular palace built on the Romanesque cross in the middle surrounded by buildings, pink of course. Right in the middle stood the city hall, a big building with a tower. As I was wondering if I would try to enter the city hall today, I saw someone in the table in front of me. She was beautiful. A dark haired with blue eye Angel, tanned skin as if she just came back from Caribbean. She was looking at me, a sweet but sarcastic smile plastered on Her face. I felt at this moment that She could look through my soul. I adverted my eyes, shyness maybe a first for me. At the corner of my eyes, I saw Her stood. She has a nice body I thought briefly. And it's true, She has lost miles of leg that are accentuated by a small short. Lost in my thought, I didn't try to comprehend where She was going. A Moment, She was at Her table and the next one She stood at mine.

"May I sit with you?", she asked with a voice full of confidence but somewhat delicate.

"Sure, did I finally to say. Why is she talking with me. Well I'm happy but it's unexpected.

"You seem like someone who knows this town. Let me explain you. I'm here just for Today and I don't want to visit the city alone. Then I saw you standing alone at this café and I thought why not he escort me. So are you up for it?"

At the moment, I thought this was a bad idea but man I had nothing to do and a stunning girl asked me to be Her date for the day. What did I have to lose?

I spent the day showing Her around the city. We went to the basilica Saint Sernin first. It's a big and beautiful basilica where a lot of people go on pilgrimage. In summer, it's also very cool with the hot weather outside. She was watching with a bright smile on Her face. She must love arts.

It was noon when we finished visiting, so I took Her to my madre in the street that link Saint Sernin back to the Capitole. She took a veggie crepe but She explained that she is no veggie but sometime more like eating sea but at the same time it's not.

At the moment, I thought this was a bad idea but man I had nothing to do and a stunning girl asked me to be Her date for the day. What did I have to lose?

In the morning I went to Her parents home. Like every home there it was closed and nobody could see inside, I rang the bell and waited eager to see Her, and when Her parents live, it was dark outside so I couldn't go there. I had to find somewhere to stay. The old man saw that I was worried and asked me what was wrong. I told him I didn't know where to go. I visited His home and when we arrived at home, He told me that his wife would be happy to have someone at home since nobody came to see them anymore.

I spent the night with Her daughter. She really is a mystery to me. During the meal, we talked about ourselves. She told me that she goes to Campus Victoire, I had never been there so it was fascinating to me. She told me that she is no veggie but sometime she liked to act like one. She really is a mystery to me. During the meal, we talked about ourselves.

I arrived at place des Girondins near the quay. It's a really big place with a huge fountain in the middle. I heard that a lot of activities took place there: funfair in March and a lot of different fair. I would really love to go there with Her if I find Her. I began to be hungry but I didn't know where to go. I asked a woman and she told me that every day there are a lot of food stalls where you can eat on the quay. I went there and it was true. There was every kind of food: paella, burger, crepe, south France speciality... So I decided to take some mussle with french fries, I don't know how to describe the flavour. It's more like eating sea but at the same time it's not. All I know is that I liked it.

After grabbing lunch, I tried to find a way to her university so I took the road to the grand hotel of Bordeaux, a five star hotel that happens to stand right in the front of the opera of Bordeaux. Both places were majestic. It shows the beauty of french architecture. I couldn't resist the curiosity to go in and see. And the inside is as beautiful as the outside. It feels like going back to the time where everybody goes to the opera before internet existed. I was mesmerised for a moment but the beauty of the place made me remember of my own beauty that I was searching. So I take the rue Sainte Catherine that lead to the Petit Port where happens to be the shop road of Bordeaux.

Arriving at her university, I found out it was still closed due to the holiday. Nobody could give me information about Her as I was not a member of Her family. Just as I was about to leave, chance smiled at me, the welcome lady had to go to the toilet. Also I went behind the desk and looked in the computer for Her address, one of them was in Bordeaux Her current home. The other one is the one of Her parents in Cap Ferret. When I decided at first, I should go to Her home but I remembered something She told me yesterday. She needed fresh air, so I didn't know why but I decided to go to the Cap Ferret.

I went back to the train station to take a bus that goes to the Cap Ferret. In the bus, I sat next to an old man that has always lived in this part of France. He went to see his grandchildren in Bordeaux and is going back in his house. He knew the region well, so he made the guiding tour of the region. At the bassin Arcachon, we can see an island called the bird island because only birds live there. People tried to live in this island but the birds attacked them so we can only see it from far away in a boat. I didn't know that it was possible. We could not do anything.

At some point, we hand to stop at one of the village to fill the tank. It was time to eat dinner so the old man took me to an oyster hut. I had never try oyster before so I was very reluctant to try but the man had been so nice to me that I gave in. I didn't know how to eat the shellfish so he showed me. First you have to take away the water, then you put lemon in it and you free it from its shell. Finally you eat it. It was weird to eat, the structure doesn't really exist. But the flavour was OK. You really felt like you eat water but with a lemon hint.

We passed before a huge lighthouse. The man told me that people can climb at the top of it and you have an amazing view of all the basin of Arcachon. When we finally arrive at the end of the Cap Ferret where Her parents live, it was dark outside so I couldn't go there. I had to find somewhere to stay. The old man saw that I was worried and asked me what was wrong. I told him I didn't know where to go. I visited His home and when we arrived at home, He told me that his wife would be happy to have someone at home since nobody came to see them anymore.

In the morning I went to Her parents home. Like every home there it was closed and nobody could see inside, I rang the bell and waited eager to see Her again. But instead of the Angel that took all my thoughts, a middle aged woman opened the door. I explained Her why I was here, of course I didn't tell Her that I spent the night with Her daughter. She was surprised and asked me what was I doing there. She told me that She always do things like disappearing and she didn't know where She was. So I asked Her if She could give me some clues.

- Maybe at this bar where she worked during the Holiday last year. It's called le bar de la marine and it's in Biarritz in front of the strand.

I thanked her for her welcome. As I was leaving, I saw a photo of Her in front of the sun, looking as radiant as in my memory. I asked Her mom where the photo was taken. She told me that it was in Montpel-
After dinner, I was so full that I decided to take a walk. I went straight to the beach; I don't want to spend the night here. After a homemade dinner to the refuge. I was so exhausted that I decided to have a cold shower and a hot bath. It was too steep. After so many efforts I finally arrived to the refuge. It was so exhausted that I decided to spend the night here. After a homemade dinner and a cold shower I talked to the owner. It was too late, Her grandfather wasn't there, he has gone to Carcassonne with Her. So annoying! Each time I thought I get closer to Her, she was already gone elsewhere! The following morning I walk down the mountain and take the train.

The train arrived in the centre of Carcassonne, I realised I had absolutely no idea how to find them. As I walked outside the train station, I saw a poster for a Corrida that takes place at the end of the day. I was sure I would be able to find Her there. So I had only the whole day to wait. I decided to do some site seeing. I was at the centre of Carcassonne, it's inside walls and the street are all made of stone. It looked so peaceful. I searched on the Internet where I should go and it was saying to go to the Middle aged part of the town. So I took the bus and went there. It was a fortified city and when I saw it from the bus; I thought I was going back in time. But in reality there was too much person to really have this feeling. Even if there is a lot of tourist there, it's easy to go to the different places. I went to the castle, the church, I walked through the city getting lost and going again and again through the same street. But it was fun. For lunch, I tried the cassoulet: flageolet bean that are cooked with sausages and greens. It was really good but too hot for a summer afternoon. I would certainly try it again in winter.

After dinner, I was so full that I decided to take some rest by doing the tour of the fortification by horses. It was very interesting but quite a bit complicated because I didn't know much about French history. The guide was very nice and the horses were very well educated. It was really worth the price I paid (around 5 euros).

When it was near time for the Corrida, I went there with the bus. I didn't like Corrida especially. So I spend all this time trying to find Her. I was sitting next to a rather old man. I didn't know why but his eyes were familiar to me. When it was time for a break, he asked me: “Seems like, you are looking for someone young.”

-Actually yes, did I answer blushing.

-Your fiancé maybe?

-I would like sir but She just ran away and I'm trying to find Her.

-So you decided that you will find her in a Corrida of all places.

-I'm kind of desperate. I was told that she would be in this city with her grandfather so I thought..."

He looked at me with an amused smile as if he understood something I didn't and then it puzzled me, it was Her eyes.

-You seem to have understood now. But I'm afraid you won't find her today, she went to go see her best friend for the week. I don't know where she went through."

I thanked him for the information and I went to find a place to stay. When I was in my hotel room, I thought about what to do next. Going back to Toulouse was the only option, I had no clue where she went. All of this time wasting to catch a dream, just to see Her smile again just like in this photo at Her parents' House. Wait Her mom did tell something about a best friend living in a town near the Mediterranean. What was the name again, something beginning with an M. I grabbed my phone and googled it. Marseilles, no; Metz, that was not even near the Sea; Montpellier, that was it. I decided to go to sleep and tomorrow I was going to see Her again for Sure.

As I arrived in Montpellier, I could feel two things: first it's very hot there with the sea breeze and second I would find Her for good this time. I will see Her again. She will see me again. Wait! I did not change my clothes since I left Toulouse! So first I have to find some clothes. Luckily in France all the town near the sea have fashion boutique near the sea. So I went to buy some real cool clothes and I walked at the edge of the sea in hope She went there. Time was passing at a slow rate, so I had time to think: What would I do if I see her again? Will she remember me? Will she be happy or angry to see me? The quiet fall of the nearly inexistent waves were helping to calm my self. I was not like the violent waves of the ocean anymore. I was not racing to find Her anymore. I knew she had to be here so I went the nut. The most important round it was noon so I went to one of the restaurant near the sea. It was expensive and the food was not so great for the price. Maybe the euphoria of the beginning was fading but as the day went on I become more and more depressed. I decided to take a walk. I was about to give up when I had the feeling that I should look up. And she was there as beautiful as ever. As I saw her beautiful face covered with tears of joy, I understood that I have fallen head over heels for Her.

The End

Written by Ros (Clémentine) and Jul (Gabrielle)
Ideas for week end trips

Narbonne VS Arcachon

Ocean & Sea Towns

I am Amine Dadoun and let me tell you about the Ocean and Sea Towns near to Toulouse.

If you’re student in Toulouse, and you find nothing to do in your week-end or if you haven’t decided already where you will go in your next holiday or if you’re simply a lover of water and sea, I suggest you to go in some beautiful towns near Toulouse where you can do activity water, can also swimming, taning ...

The nearest sea to Toulouse is in Narbonne which host every year approximately 2 million estival visitors. In fact due to its location, Narbonne have the capacity to host so many different social category of people, especially students who live in Toulouse. They can enjoy mediterranean sea for only 10 Euros by taking the bus, and 20 Euros per night in youth hostel.

At the opposite of Narbonne, if you prefer Oceans, you can go to Arcachon which is on North Atlantic Ocean. The weather is very good right there. We can go in it for 15 Euros by taking the bus and 40 Euros per night. What you have to know is that 36% of French tourist go every year in Arcachon due to its water activities like surfing, diving, do boat trips, and obviously swimming.

So Now, I let you with Antoine who will talk about mountains in Pyrénées.

THE PYRENEES, NOT SO FAR FROM TOULOUSE...

By Antoine COUDERC

The Pyrenees may be divided into three sections: the Atlantic (or Western), the Central, and the Eastern Pyrenees. May be distinguished also the French Pyrenees and the Spanish Pyrenees. Together, they form a distinct physiographic province of the larger Alpine System division.

The Pyrenees are not so far from Toulouse, three hours by car, two by train so people living in Toulouse have an easy access to the mountains.

In those mountains, there are a lot of activities you can do. For example, those who love nature may take a walk through the mountains, they feel that they interfere with real nature (flowers, bees wearing honey, cows,...).

Others want to see wonderful views like mountains plenty of snow. The most sportive ones have got lots of choices: climbing, hiking through the valleys. During winter, some are over to the moon when they can practice winter sports like skiing or mountaineering.

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Let me first tell you how to get to Biarritz. For the transport, you can take a Covoiturage or a bus ticket from the site « Starshipper » and the price of the ticket can be 10 euros if you take the bus early, so with 20 euros you have the transport and in the bus, you are going to spend 4 hours in the way to Biarritz and you have The toilet and the Wifi in the bus. You can book a night in an Hotel with 20 euros near to the Beach. Biarritz is a city near to the « Basques » region of Spain, so you can live a mixture of the french and the spanish cultures, in Food, cloths and music. The City is also known for the Surf games and schools of Surfing, so you can spend a day learning how to Surf in the huge waves of the ocean. Near to the beach you can find a Casino and a couple of bars and restaurants to have good food and drinks, so you have all you need to spend a good relaxing holiday.

Secondly, let me show how to spend a good weekend in Barcelona, you can have a Carpool with only 25 euros, so you are going to pay only 50 euros for the transport, a you can book a night in an Hostel, with only 15 euros where you are going to have a lot of activities with people from all around the world. The Hostel is going to offer you a free Guide to visit the city, and to visit to most popular places in this city, you have to spend at least 3 days, starting by the Plaça Catalunya and Plaça Espanya , and spending a day in the Barcelonta playa. To a day in The famous park Guell, you can also chill out in the city to see the architecture made by Gaudi. In addition to that you have a large choice of night clubs and bars to spend a huge night.

I will give the relay to Wicky to finish this presentation.

My name is Vicky, and to finish this presentation, I will tell you more about the city of Albi, which is very close to Toulouse, because I know this city like the back of mine hand.

Albi is a very beautiful city situated in the department of Tarn. If you want to go to this city, I recommend you to take the train. In only one hour, you will be in the center of Albi. It doesn't cost a lot (only 14 euros), but the ride sharing is cheaper (4 euros).

Once arrived there, you can seen far off, a magnificent bell tower. It is the strengthened cathedral from Albi, called Saint-Cecile, ideally situated in the center of the city. I looked like if I was over the moon when I visited this monument. It goes back to the thirteenth century, and is extraordinary because of his impressive architecture in bricks, as you can see in the photo.

In Albi, you can also find a lot of green spaces, like the National Garden, situated in the south of the place called Vigan, or the garden of Lapérouse. You can let your hair down in these places, which are very quiet to read a book or just admire the landscape.

There are two leisures bases in Albi, in which you can doing sport, in order to be in the of the world, or going fishing, it's very amusing, and I'm sure that you'll find your happiness.

If you want to sleep to Albi, because you want to be out on the tiles, there are a lot of youth hostels, located in the center of the city, and you can sleep a night for only 30 euros.

To conclude, I recommend you to visit Albi, because it is a very interesting city, not so far from Toulouse. The activities are cheap and there are a lot of monument which you have to see, as the others place, that my colleges have presented before.
Once upon a time, a yellow little bird named Kirikou wanted to know the taste of the Old Harbor sardine. Thus he went to Marseille, flying from the Mediterranean Sea. Let's see what happened in Marseille.

Arrived in view of Marseille, the first thing that he saw was Our Lady of the Guard, a basilica overhanging of the city.

He approached this monument and overflew the Old Harbor where one day, a boat named the Sardine had blocked its door.

Far away, he noticed water, wondered until the river went and decided to follow it. More he advanced, more pink buildings he saw. He thought that the city looked like a million dollars.

Then, he left the river to went to the center of the city attracted by noise and people. He arrived at Capitol Square, the biggest square of Toulouse there was the City Hall. He saw people being out on the tiles.

He was walking on air facing of so much beauty.

Suddenly he saw a very huge bird in the sky, named Airbus. But this bird wasn't flapping its wings. Kirikou, curious, decided to follow it until it got to his nest, at Blagnac Airport.

So he flew along the Loire until he noticed a group of people riding their bike and resolved himself to follow them.

He finally ended up on top of a majestic castle, circled by some green plaines which seemed to never stop widening. It was Chambord, one of the most beautiful castles of the Loire Valley.

Nevertheless, he resumed his journey after he had had a break in the old center of Orleans, gazing at the statue of Joan of Arc while eating the leftovers of a baguette.

When the little bird saw the sun setting down, he hurried up and went back on his way to Paris.

He was over the moon, excited by his trip and anxious to see Paris. His first impression when he got there was the crowd and the beauty of the buildings. He stopped by Beaubourg, because he thought it was a pipe factory.

He realised quickly that it was a museum and get lost in the pipes as he was visiting it... Fortunately for him, he managed to get out. He was a little bit lost, thus he followed his heart and his love for the Seine, crossed the river and arrived in the latin district. He found himself eyeball to eyeball with all the stray cats of the streets.

Luckily for him, the cats were very nice and help him find his last goal: The Eiffel Tower.

Kirikou the little bird took his first break since the day has started, on the top of the Pantheon (he would have loved to visit it, but the animals weren't allowed inside). At this moment, he had absolutely the best place to see the Eiffel Tower, along with the Montparnasse Tower.

Kirikou never forgot his trip and decided to wait to fall head over heels for some other little bird to take her to see all of these beautiful places!

A story written by the Three Graces
Lison Claire Raphaëlle